



ANNUAL STATEMENT

For the Year Ended December 31, 2019
of the Condition and Affairs of the

American Retirement Life Insurance Company

NAIC Group Code.....0901, 0901 (Current Period) (Prior Period)	NAIC Company Code..... 88366	Employer's ID Number..... 59-2760189
Organized under the Laws of OH	State of Domicile or Port of Entry OH	Country of Domicile US
Licensed as Business Type:	Life, Accident & Health	
Incorporated/Organized..... May 12, 1978	Commenced Business..... November 27, 1978	
Statutory Home Office	1300 East Ninth Street .. Cleveland .. OH .. US .. 44114 (Street and Number) (City or Town, State, Country and Zip Code)	
Main Administrative Office	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number) (City or Town, State, Country and Zip Code)	(512) 451-2224 (Area Code) (Telephone Number)
Mail Address	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number or P. O. Box) (City or Town, State, Country and Zip Code)	
Primary Location of Books and Records	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number) (City or Town, State, Country and Zip Code)	(512) 451-2224 (Area Code) (Telephone Number)
Internet Web Site Address	CignaSupplementalBenefits.com	
Statutory Statement Contact	Renee Wilkins Feldman (Name) CSBFinRpt@cigna.com (E-Mail Address)	(512) 531-1465 (Area Code) (Telephone Number) (Extension) 512-467-1399 (Fax Number)

OFFICERS

Name	Title	Name	Title
1. Stephen Burnett Jones	President	2. Byron Keith Buescher	Treasuer and Chief Accounting Officer
3. Anna Krishtul	Secretary	4. Mohammed Umar Gilani #	Appointed Actuary
OTHER			
Gregory John Czar	Executive Vice President and Chief Financial Officer	Timothy Andrew Bulat	Vice President and Chief Actuary
David Lawrence Chambers	Vice President-Sales and Marketing	Mark Fleming	Vice President and Assistant Treasurer
Joanne Ruth Hart	Vice President and Assistant Treasurer	Scott Ronald Lambert	Vice President and Assistant Treasurer
Ryan Bruce McGroarty	Vice President	Kathleen Murphy O'Neil	Vice President
Maureen Hardiman Ryan	Vice President and Assistant Treasurer		

DIRECTORS OR TRUSTEES

Gregory John Czar	Brian Case Evanko	Stephen Burnett Jones	Ryan Bruce McGroarty
Frank Sataline Jr.	James Yablecki		

State of..... Texas
County of..... Williamson

The officers of this reporting entity being duly sworn, each depose and say that they are the described officers of said reporting entity, and that on the reporting period stated above, all of the herein described assets were the absolute property of the said reporting entity, free and clear from any liens or claims thereon, except as herein stated, and that this statement, together with related exhibits, schedules and explanations therein contained, annexed or referred to, is a full and true statement of all the assets and liabilities and of the condition and affairs of the said reporting entity as of the reporting period stated above, and of its income and deductions therefrom for the period ended, and have been completed in accordance with the NAIC *Annual Statement Instructions and Accounting Practices and Procedures* manual except to the extent that: (1) state law may differ; or, (2) that state rules or regulations require differences in reporting not related to accounting practices and procedures, according to the best of their information, knowledge and belief, respectively. Furthermore, the scope of this attestation by the described officers also includes the related corresponding electronic filing with the NAIC, when required, that is an exact copy (except for formatting differences due to electronic filing) of the enclosed statement. The electronic filing may be requested by various regulators in lieu of or in addition to the enclosed statement.

(Signature) Stephen Burnett Jones	(Signature) Byron Keith Buescher	(Signature) Anna Krishtul
1. (Printed Name)	2. (Printed Name)	3. (Printed Name)
President	Treasuer and Chief Accounting Officer	Secretary
(Title)	(Title)	(Title)
Subscribed and sworn to before me	a. Is this an original filing?	Yes [X] No []
This _____ day of February 2020	b. If no	1. State the amendment number _____
		2. Date filed _____
		3. Number of pages attached _____

SUMMARY INVESTMENT SCHEDULE

Investment Categories	Gross Investment Holdings		Admitted Assets as Reported in the Annual Statement			
	1 Amount	2 Percentage of Column 1 Line 13	3 Amount	4 Securities Lending Reinvested Collateral Amount	5 Total (Col. 3 + 4) Amount	6 Percentage of Column 5 Line 13
1. Long-Term Bonds (Schedule D, Part 1):						
1.01 U.S. Governments.....	3,342,392	2.6	3,342,392		3,342,392	2.6
1.02 All Other Governments.....		0.0			0	0.0
1.03 U.S. States, Territories and Possessions, etc., Guaranteed.....		0.0			0	0.0
1.04 U.S. Political Subdivisions of States, Territories and Possessions, Guaranteed.....		0.0			0	0.0
1.05 U.S. Special Revenue and Special Assessment Obligations, etc., Non-Guaranteed.....		0.0			0	0.0
1.06 Industrial and Miscellaneous.....	135,160,989	105.7	135,160,989		135,160,989	105.7
1.07 Hybrid Securities.....		0.0			0	0.0
1.08 Parent, Subsidiaries and Affiliates.....		0.0			0	0.0
1.09 SVO Identified Funds.....		0.0			0	0.0
1.10 Unaffiliated Bank Loans.....		0.0			0	0.0
1.11 Total Long-Term Bonds.....	138,503,381	108.3	138,503,381	0	138,503,381	108.3
2. Preferred Stocks (Schedule D, Part 2, Section 1):						
2.01 Industrial and Misc. (Unaffiliated).....		0.0			0	0.0
2.02 Parent, Subsidiaries and Affiliates.....		0.0			0	0.0
2.03 Total Preferred Stock.....	0	0.0	0	0	0	0.0
3. Common Stocks (Schedule D, Part 2, Section 2):						
3.01 Industrial and Miscellaneous Publicly Traded (Unaffiliated)		0.0			0	0.0
3.02 Industrial and Miscellaneous Other (Unaffiliated)		0.0			0	0.0
3.03 Parent, Subsidiaries and Affiliates Publicly Traded.....		0.0			0	0.0
3.04 Parent, Subsidiaries and Affiliates Other.....		0.0			0	0.0
3.05 Mutual Funds.....		0.0			0	0.0
3.06 Unit Investment Trusts.....		0.0			0	0.0
3.07 Closed-End Funds.....		0.0			0	0.0
3.08 Total Common Stocks.....	0	0.0	0	0	0	0.0
4. Mortgage Loans Schedule B):						
4.01 Farm Mortgages.....		0.0			0	0.0
4.02 Residential Mortgages.....		0.0			0	0.0
4.03 Commercial Mortgages.....		0.0			0	0.0
4.04 Mezzanine Real Estate Loans.....		0.0			0	0.0
4.05 Total Mortgage Loans.....	0	0.0	0	0	0	0.0
5. Real Estate (Schedule A):						
5.01 Properties Occupied by Company.....		0.0			0	0.0
5.02 Properties Held for Production of Income.....		0.0			0	0.0
5.03 Properties Held for Sale.....		0.0			0	0.0
5.04 Total Real Estate.....	0	0.0	0	0	0	0.0
6. Cash, Cash Equivalents, and Short-Term Investments::						
6.01 Cash (Schedule E, Part 1).....	(13,295,282)	(10.4)	(13,295,282)		(13,295,282)	(10.4)
6.02 Cash Equivalents (Schedule E, Part 2).....		0.0			0	0.0
6.03 Short-Term Investments (Schedule DA).....	2,697,478	2.1	2,697,478		2,697,478	2.1
6.04 Total Cash, Cash Equivalents, and Short-Term Investments.....	(10,597,804)	(8.3)	(10,597,804)	0	(10,597,804)	(8.3)
7. Contract Loans.....	1,483	0.0	1,483		1,483	0.0
8. Derivatives (Schedule DB).....		0.0			0	0.0
9. Other Invested Assets (Schedule BA).....		0.0			0	0.0
10. Receivables for Securities.....		0.0			0	0.0
11. Securities Lending (Schedule DL, Part 1).....		0.0		XXX	XXX	XXX
12. Other Invested Assets (Page 2, Line 11).....		0.0			0	0.0
13. Total Invested Assets.....	127,907,060	100.0	127,907,060	0	127,907,060	100.0

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**

SCHEDULE A - VERIFICATION BETWEEN YEARS

Real Estate

1.	Book/adjusted carrying value, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 6).....		
2.2	Additional investment made after acquisition (Part 2, Column 9).....		0
3.	Current year change in encumbrances:		
3.1	Totals, Part 1, Column 13.....		
3.2	Totals, Part 3, Column 11.....		0
4.	Total gain (loss) on disposals, Part 3, Column 18.....		
5.	Deduct amounts received on disposals, Part 3, Column 15.....		
6.	Total foreign exchange change in book/adjusted carrying value:		
6.1	Totals, Part 1, Column 15.....		
6.2	Totals, Part 3, Column 13.....		0
7.	Deduct current year's other-than-temporary impairment recognized:		
7.1	Totals, Part 1, Column 12.....		
7.2	Totals, Part 3, Column 10.....		0
8.	Deduct current year's depreciation:		
8.1	Totals, Part 1, Column 11.....		
8.2	Totals, Part 3, Column 9.....		0
9.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4-5+6-7-8).....		0
10.	Deduct total nonadmitted amounts.....		
11.	Statement value at end of current period (Line 9 minus Line 10).....		0

NONE

SCHEDULE B - VERIFICATION BETWEEN YEARS

Mortgage Loans

1.	Book value/recorded investment excluding accrued interest, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 7).....		
2.2	Additional investment made after acquisition (Part 2, Column 8).....		0
3.	Capitalized deferred interest and other:		
3.1	Totals, Part 1, Column 12.....		
3.2	Totals, Part 3, Column 11.....		0
4.	Accrual of discount.....		
5.	Unrealized valuation increase (decrease):		
5.1	Totals, Part 1, Column 9.....		
5.2	Totals, Part 3, Column 8.....		0
6.	Total gain (loss) on disposals, Part 3, Column 18.....		
7.	Deduct amounts received on disposals, Part 3, Column 15.....		
8.	Deduct amortization of premium and mortgage interest points and commitment fees.....		
9.	Total foreign exchange change in book value/recorded investment excluding accrued interest:		
9.1	Totals, Part 1, Column 13.....		
9.2	Totals, Part 3, Column 13.....		0
10.	Deduct current year's other-than-temporary impairment recognized:		
10.1	Totals, Part 1, Column 11.....		
10.2	Totals, Part 3, Column 10.....		0
11.	Book value/recorded investment excluding accrued interest at end of current period (Lines 1+2+3+4+5+6-7-8+9-10).....		0
12.	Total valuation allowance.....		
13.	Subtotal (Line 11 plus Line 12).....		0
14.	Deduct total nonadmitted amounts.....		
15.	Statement value of mortgages owned at end of current period (Line 13 minus Line 14).....		0

NONE

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**

SCHEDULE BA - VERIFICATION BETWEEN YEARS

Other Long-Term Invested Assets

1.	Book/adjusted carrying value, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 8).....		
2.2	Additional investment made after acquisition (Part 2, Column 9).....		0
3.	Capitalized deferred interest and other:		
3.1	Totals, Part 1, Column 16.....		
3.2	Totals, Part 3, Column 12.....		0
4.	Accrual of discount.....		
5.	Unrealized valuation increase (decrease):		
5.1	Totals, Part 1, Column 13.....		
5.2	Totals, Part 3, Column 9.....		0
6.	Total gain (loss) on disposals, Part 3, Column 19.....		
7.	Deduct amounts received on disposals, Part 3, Column 16.....		
8.	Deduct amortization of premium and depreciation.....		
9.	Total foreign exchange change in book/adjusted carrying value:		
9.1	Totals, Part 1, Column 17.....		
9.2	Totals, Part 3, Column 14.....		0
10.	Deduct current year's other-than-temporary impairment recognized:		
10.1	Totals, Part 1, Column 15.....		
10.2	Totals, Part 3, Column 11.....		0
11.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5+6-7-8+9-10).....		0
12.	Deduct total nonadmitted amounts.....		
13.	Statement value at end of current period (Line 11 minus Line 12).....		0

NONE

SCHEDULE D - VERIFICATION BETWEEN YEARS

Bonds and Stocks

1.	Book/adjusted carrying value, December 31 of prior year.....		115,483,512
2.	Cost of bonds and stocks acquired, Part 3, Column 7.....		30,490,333
3.	Accrual of discount.....		93,732
4.	Unrealized valuation increase (decrease):		
4.1	Part 1, Column 12.....		
4.2	Part 2, Section 1, Column 15.....		
4.3	Part 2, Section 2, Column 13.....		
4.4	Part 4, Column 11.....		0
5.	Total gain (loss) on disposals, Part 4, Column 19.....		76,789
6.	Deduct consideration for bonds and stocks disposed of, Part 4, Column 7.....		7,602,996
7.	Deduct amortization of premium.....		37,989
8.	Total foreign exchange change in book/adjusted carrying value:		
8.1	Part 1, Column 15.....		
8.2	Part 2, Section 1, Column 19.....		
8.3	Part 2, Section 2, Column 16.....		
8.4	Part 4, Column 15.....		0
9.	Deduct current year's other-than-temporary impairment recognized:		
9.1	Part 1, Column 14.....		
9.2	Part 2, Section 1, Column 17.....		
9.3	Part 2, Section 2, Column 14.....		
9.4	Part 4, Column 13.....		0
10.	Total investment income recognized as a result of prepayment and/or acceleration fees, Note 5Q, Line 2.....		
11.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9+10).....		138,503,381
12.	Deduct total nonadmitted amounts.....		
13.	Statement value at end of current period (Line 11 minus Line 12).....		138,503,381

Annual Statement for the year 2019 of the

American Retirement Life Insurance Company

SCHEDULE D - SUMMARY BY COUNTRY

Long-Term Bonds and Stocks OWNED December 31 of Current Year

Description		1 Book/Adjusted Carrying Value	2 Fair Value	3 Actual Cost	4 Par Value of Bonds
BONDS Governments (Including all obligations guaranteed by governments)	1. United States.....	3,342,392	3,365,291	3,359,821	3,335,000
	2. Canada.....				
	3. Other Countries.....				
	4. Totals.....	3,342,392	3,365,291	3,359,821	3,335,000
U.S. States, Territories and Possessions (Direct and guaranteed)	5. Totals.....				
U.S. Political Subdivisions of States, Territories and Possessions (Direct and guaranteed)	6. Totals.....				
U.S. Special Revenue and Special Assessment Obligations and All Non-Guaranteed Obligations of Agencies and Authorities of Governments and Their Political Subdivisions	7. Totals.....				
Industrial and Miscellaneous, SVO Identified Funds, Unaffiliated Bank Loans and Hybrid Securities (Unaffiliated)	8. United States.....	130,914,283	137,781,517	130,743,641	131,297,000
	9. Canada.....	3,257,983	3,408,073	3,244,431	3,307,000
	10. Other Countries.....	988,723	1,027,659	969,290	1,000,000
	11. Totals.....	135,160,989	142,217,249	134,957,362	135,604,000
Parent, Subsidiaries and Affiliates	12. Totals.....				
	13. Total Bonds.....	138,503,381	145,582,540	138,317,183	138,939,000
PREFERRED STOCKS Industrial and Miscellaneous (Unaffiliated)	14. United States.....				
	15. Canada.....				
	16. Other Countries.....				
	17. Totals.....	0	0	0	0
Parent, Subsidiaries and Affiliates	18. Totals.....				
	19. Total Preferred Stocks.....	0	0	0	0
COMMON STOCKS Industrial and Miscellaneous (Unaffiliated)	20. United States.....				
	21. Canada.....				
	22. Other Countries.....				
	23. Totals.....	0	0	0	0
Parent, Subsidiaries and Affiliates	24. Totals.....				
	25. Total Common Stocks.....	0	0	0	0
	26. Total Stocks.....	0	0	0	0
	27. Total Bonds and Stocks.....	138,503,381	145,582,540	138,317,183	

Annual Statement for the year 2019 of the

American Retirement Life Insurance Company

SCHEDULE D - PART 1A - SECTION 1

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

9015

NAIC Designation	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed (a)
1. U.S. Governments												
1.1 NAIC 1.....		3,342,392				XXX	3,342,392	2.4	3,346,145	2.5	3,342,392	
1.2 NAIC 2.....						XXX	0	0.0		0.0		
1.3 NAIC 3.....						XXX	0	0.0		0.0		
1.4 NAIC 4.....						XXX	0	0.0		0.0		
1.5 NAIC 5.....						XXX	0	0.0		0.0		
1.6 NAIC 6.....						XXX	0	0.0		0.0		
1.7 Totals.....	0	3,342,392	0	0	0	XXX	3,342,392	2.4	3,346,145	2.5	3,342,392	0
2. All Other Governments												
2.1 NAIC 1.....						XXX	0	0.0		0.0		
2.2 NAIC 2.....						XXX	0	0.0		0.0		
2.3 NAIC 3.....						XXX	0	0.0		0.0		
2.4 NAIC 4.....						XXX	0	0.0		0.0		
2.5 NAIC 5.....						XXX	0	0.0		0.0		
2.6 NAIC 6.....						XXX	0	0.0		0.0		
2.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
3. U.S. States, Territories and Possessions, etc., Guaranteed												
3.1 NAIC 1.....						XXX	0	0.0		0.0		
3.2 NAIC 2.....						XXX	0	0.0		0.0		
3.3 NAIC 3.....						XXX	0	0.0		0.0		
3.4 NAIC 4.....						XXX	0	0.0		0.0		
3.5 NAIC 5.....						XXX	0	0.0		0.0		
3.6 NAIC 6.....						XXX	0	0.0		0.0		
3.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
4. U.S. Political Subdivisions of States, Territories and Possessions, Guaranteed												
4.1 NAIC 1.....						XXX	0	0.0		0.0		
4.2 NAIC 2.....						XXX	0	0.0		0.0		
4.3 NAIC 3.....						XXX	0	0.0		0.0		
4.4 NAIC 4.....						XXX	0	0.0		0.0		
4.5 NAIC 5.....						XXX	0	0.0		0.0		
4.6 NAIC 6.....						XXX	0	0.0		0.0		
4.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
5. U.S. Special Revenue & Special Assessment Obligations, etc., Non-Guaranteed												
5.1 NAIC 1.....						XXX	0	0.0		0.0		
5.2 NAIC 2.....						XXX	0	0.0		0.0		
5.3 NAIC 3.....						XXX	0	0.0		0.0		
5.4 NAIC 4.....						XXX	0	0.0		0.0		
5.5 NAIC 5.....						XXX	0	0.0		0.0		
5.6 NAIC 6.....						XXX	0	0.0		0.0		
5.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0

SCHEDULE D - PART 1A - SECTION 1 (continued)

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

901S

NAIC Designation	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed (a)
6. Industrial and Miscellaneous (unaffiliated)												
6.1 NAIC 1.....	2,697,478	20,241,438	25,479,350			XXX	48,418,266	34.3	52,320,114	38.9	38,705,881	9,712,385
6.2 NAIC 2.....		32,901,001	55,540,099			XXX	88,441,100	62.6	77,717,718	57.8	80,344,407	8,096,693
6.3 NAIC 3.....		999,101				XXX	999,101	0.7	998,930	0.7	999,101	
6.4 NAIC 4.....						XXX	0	0.0		0.0		
6.5 NAIC 5.....						XXX	0	0.0		0.0		
6.6 NAIC 6.....						XXX	0	0.0		0.0		
6.7 Totals.....	2,697,478	54,141,540	81,019,449	0	0	XXX	137,858,467	97.6	131,036,762	97.5	120,049,389	17,809,078
7. Hybrid Securities												
7.1 NAIC 1.....						XXX	0	0.0		0.0		
7.2 NAIC 2.....						XXX	0	0.0		0.0		
7.3 NAIC 3.....						XXX	0	0.0		0.0		
7.4 NAIC 4.....						XXX	0	0.0		0.0		
7.5 NAIC 5.....						XXX	0	0.0		0.0		
7.6 NAIC 6.....						XXX	0	0.0		0.0		
7.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
8. Parent, Subsidiaries and Affiliates												
8.1 NAIC 1.....						XXX	0	0.0		0.0		
8.2 NAIC 2.....						XXX	0	0.0		0.0		
8.3 NAIC 3.....						XXX	0	0.0		0.0		
8.4 NAIC 4.....						XXX	0	0.0		0.0		
8.5 NAIC 5.....						XXX	0	0.0		0.0		
8.6 NAIC 6.....						XXX	0	0.0		0.0		
8.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
9. SVO Identified Funds												
9.1 NAIC 1.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.2 NAIC 2.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.3 NAIC 3.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.4 NAIC 4.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.5 NAIC 5.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.6 NAIC 6.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.7 Totals.....	XXX	XXX	XXX	XXX	XXX	0	0	0.0	0	0.0	0	0
10. Unaffiliated Bank Loans												
10.1 NAIC 1.....						XXX	0	0.0		0.0		
10.2 NAIC 2.....						XXX	0	0.0		0.0		
10.3 NAIC 3.....						XXX	0	0.0		0.0		
10.4 NAIC 4.....						XXX	0	0.0		0.0		
10.5 NAIC 5.....						XXX	0	0.0		0.0		
10.6 NAIC 6.....						XXX	0	0.0		0.0		
10.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0

SCHEDULE D - PART 1A - SECTION 1 (continued)

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

SI07

NAIC Designation	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed (a)
11. Total Bonds Current Year												
11.1 NAIC 1.....	(d).....2,697,478	23,583,830	25,479,350	0	0	0	51,760,658	36.7	XXX.....	XXX.....	42,048,273	9,712,385
11.2 NAIC 2.....	(d)......0	32,901,001	55,540,099	0	0	0	88,441,100	62.6	XXX.....	XXX.....	80,344,407	8,096,693
11.3 NAIC 3.....	(d)......0	999,101	0	0	0	0	999,101	0.7	XXX.....	XXX.....	999,101	0
11.4 NAIC 4.....	(d)......0	0	0	0	0	0	0	0.0	XXX.....	XXX.....	0	0
11.5 NAIC 5.....	(d)......0	0	0	0	0	0	(c)......0	0.0	XXX.....	XXX.....	0	0
11.6 NAIC 6.....	(d)......0	0	0	0	0	0	(c)......0	0.0	XXX.....	XXX.....	0	0
11.7 Totals.....	2,697,478	57,483,932	81,019,449	0	0	0	(b).....141,200,859	100.0	XXX.....	XXX.....	123,391,781	17,809,078
11.8 Line 11.7 as a % of Col. 7.....	1.9	40.7	57.4	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	87.4	12.6
12. Total Bonds Prior Year												
12.1 NAIC 1.....	18,899,395	4,331,262	32,435,602				XXX.....	XXX.....	55,666,259	41.4	48,443,432	7,222,827
12.2 NAIC 2.....		4,471,424	73,246,294				XXX.....	XXX.....	77,717,718	57.8	71,733,269	5,984,449
12.3 NAIC 3.....			998,930				XXX.....	XXX.....	998,930	0.7	998,930	
12.4 NAIC 4.....							XXX.....	XXX.....	0	0.0		
12.5 NAIC 5.....							XXX.....	XXX.....	(c)......0	0.0		
12.6 NAIC 6.....							XXX.....	XXX.....	(c)......0	0.0		
12.7 Totals.....	18,899,395	8,802,686	106,680,826	0	0	0	XXX.....	XXX.....	(b).....134,382,907	100.0	121,175,631	13,207,276
12.8 Line 12.7 as a % of Col. 9.....	14.1	6.6	79.4	0.0	0.0	0.0	XXX.....	XXX.....	100.0	XXX.....	90.2	9.8
13. Total Publicly Traded Bonds												
13.1 NAIC 1.....	2,697,478	20,835,999	18,514,795				42,048,272	29.8	48,443,432	36.0	42,048,272	XXX.....
13.2 NAIC 2.....		27,798,273	52,546,134				80,344,407	56.9	71,733,269	53.4	80,344,407	XXX.....
13.3 NAIC 3.....		999,101					999,101	0.7	998,930	0.7	999,101	XXX.....
13.4 NAIC 4.....							0	0.0	0	0.0	0	XXX.....
13.5 NAIC 5.....							0	0.0	0	0.0	0	XXX.....
13.6 NAIC 6.....							0	0.0	0	0.0	0	XXX.....
13.7 Totals.....	2,697,478	49,633,373	71,060,929	0	0	0	123,391,780	87.4	121,175,631	90.2	123,391,780	XXX.....
13.8 Line 13.7 as a % of Col. 7.....	2.2	40.2	57.6	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	100.0	XXX.....
13.9 Line 13.7 as a % of Line 11.7, Col. 7, Section 11.....	1.9	35.2	50.3	0.0	0.0	0.0	87.4	XXX.....	XXX.....	XXX.....	87.4	XXX.....
14. Total Privately Placed Bonds												
14.1 NAIC 1.....		2,747,831	6,964,554				9,712,385	6.9	7,222,827	5.4	XXX.....	9,712,385
14.2 NAIC 2.....		5,102,728	2,993,965				8,096,693	5.7	5,984,449	4.5	XXX.....	8,096,693
14.3 NAIC 3.....							0	0.0	0	0.0	XXX.....	0
14.4 NAIC 4.....							0	0.0	0	0.0	XXX.....	0
14.5 NAIC 5.....							0	0.0	0	0.0	XXX.....	0
14.6 NAIC 6.....							0	0.0	0	0.0	XXX.....	0
14.7 Totals.....	0	7,850,559	9,958,519	0	0	0	17,809,078	12.6	13,207,276	9.8	XXX.....	17,809,078
14.8 Line 14.7 as a % of Col. 7.....	0.0	44.1	55.9	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	XXX.....	100.0
14.9 Line 14.7 as a % of Line 11.7, Col. 7, Section 11.....	0.0	5.6	7.1	0.0	0.0	0.0	12.6	XXX.....	XXX.....	XXX.....	XXX.....	12.6

(a) Includes \$.....17,809,078 freely tradable under SEC Rule 144 or qualified for resale under SEC Rule 144A.
(b) Includes \$.....0 current year of bonds with Z designations and \$.....0 prior year of bonds with Z designations. The letter "Z" means the NAIC designation was not assigned by the Securities Valuation Office (SVO) at the date of the statement.
(c) Includes \$.....0 current year of bonds with 5GI designations, \$.....0 prior year of bonds with 5GI designations and \$.....0 current year, \$.....0 prior year of bonds with 6* designations. "5GI" means the NAIC designation was assigned by the SVO in reliance on the insurer's certification that the issuer is current in all principal and interest payments. "6*" means the NAIC designation was assigned by the SVO due to inadequate certification of principal and interest payments.
(d) Includes the following amount of short-term and cash equivalent bonds by NAIC designation: NAIC 1 \$.....2,697,478; NAIC 2 \$.....0; NAIC 3 \$.....0; NAIC 4 \$.....0; NAIC 5 \$.....0; NAIC 6 \$.....0.

Annual Statement for the year 2019 of the

American Retirement Life Insurance Company

SCHEDULE D - PART 1A - SECTION 2

Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Type and Subtype of Issues

	1	2	3	4	5	6	7	8	9	10	11	12
Distribution by Type	1 Year or Less	Over 1 Year Through 5 Years	Over 5 Years Through 10 Years	Over 10 Years Through 20 Years	Over 20 Years	No Maturity Date	Total Current Year	Column 7 as a % of Line 11.08	Total from Column 7 Prior Year	% from Col. 8 Prior Year	Total Publicly Traded	Total Privately Placed
1. U.S. Governments												
1.01 Issuer Obligations.....		3,342,392				XXX	3,342,392	2.4	3,346,145	2.5	3,342,392	
1.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
1.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
1.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
1.05 Totals.....	0	3,342,392	0	0	0	XXX	3,342,392	2.4	3,346,145	2.5	3,342,392	0
2. All Other Governments												
2.01 Issuer Obligations.....						XXX	0	0.0		0.0		
2.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
2.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
2.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
2.05 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
3. U.S. States, Territories and Possessions, Guaranteed												
3.01 Issuer Obligations.....						XXX	0	0.0		0.0		
3.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
3.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
3.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
3.05 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
4. U.S. Political Subdivisions of States, Territories and Possessions, Guaranteed												
4.01 Issuer Obligations.....						XXX	0	0.0		0.0		
4.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
4.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
4.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
4.05 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
5. U.S. Special Revenue & Special Assessment Obligations, etc., Non-Guaranteed												
5.01 Issuer Obligations.....						XXX	0	0.0		0.0		
5.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
5.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
5.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
5.05 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
6. Industrial and Miscellaneous (unaffiliated)												
6.01 Issuer Obligations.....	2,697,478	54,141,541	81,019,448			XXX	137,858,467	97.6	131,036,762	97.5	120,049,389	17,809,078
6.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
6.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
6.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
6.05 Totals.....	2,697,478	54,141,541	81,019,448	0	0	XXX	137,858,467	97.6	131,036,762	97.5	120,049,389	17,809,078
7. Hybrid Securities												
7.01 Issuer Obligations.....						XXX	0	0.0		0.0		
7.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
7.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
7.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
7.05 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
8. Parent, Subsidiaries and Affiliates												
8.01 Issuer Obligations.....						XXX	0	0.0		0.0		
8.02 Residential Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
8.03 Commercial Mortgage-Backed Securities.....						XXX	0	0.0		0.0		
8.04 Other Loan-Backed and Structured Securities.....						XXX	0	0.0		0.0		
8.05 Affiliated Bank Loans - Issued.....						XXX	0	0.0		0.0		
8.06 Affiliated Bank Loans - Acquired.....						XXX	0	0.0		0.0		
8.07 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0

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SCHEDULE D - PART 1A - SECTION 2 (continued)

Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Type and Subtype of Issues

601S

Distribution by Type	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.08	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed
9. SVO Identified Funds												
9.01 Exchange Traded Funds Identified by the SVO.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0		0.0		
9.02 Bond Mutual Funds Identified by the SVO.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0		0.0		
9.03 Totals.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	0	0.0	0	0
10. Unaffiliated Bank Loans												
10.01 Unaffiliated Bank Loans - Issued.....						XXX.....	0	0.0		0.0		
10.02 Unaffiliated Bank Loans - Acquired.....						XXX.....	0	0.0		0.0		
10.03 Totals.....	0	0	0	0	0	XXX.....	0	0.0	0	0.0	0	0
11. Total Bonds Current Year												
11.01 Issuer Obligations.....	2,697,478	57,483,933	81,019,448	0	0	XXX.....	141,200,859	100.0	XXX.....	XXX.....	123,391,781	17,809,078
11.02 Residential Mortgage-Backed Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.03 Commercial Mortgage-Backed Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.04 Other Loan-Backed and Structured Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.05 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	XXX.....	XXX.....	0	0
11.06 Affiliated Bank Loans.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.07 Unaffiliated Bank Loans.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.08 Totals.....	2,697,478	57,483,933	81,019,448	0	0	0	141,200,859	100.0	XXX.....	XXX.....	123,391,781	17,809,078
11.09 Line 11.08 as a % of Col. 7.....	1.9	40.7	57.4	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	87.4	12.6
12. Total Bonds Prior Year												
12.01 Issuer Obligations.....	18,899,395	8,802,686	106,680,826			XXX.....	XXX.....	XXX.....	134,382,907	100.0	121,175,630	13,207,276
12.02 Residential Mortgage-Backed Securities.....						XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.03 Commercial Mortgage-Backed Securities.....						XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.04 Other Loan-Backed and Structured Securities.....						XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.05 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.06 Affiliated Bank Loans.....						XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.07 Unaffiliated Bank Loans.....						XXX.....	XXX.....	XXX.....	0	0.0	0	0
12.08 Totals.....	18,899,395	8,802,686	106,680,826	0	0	XXX.....	XXX.....	XXX.....	134,382,907	100.0	121,175,630	13,207,276
12.09 Line 12.08 as a % of Col. 9.....	14.1	6.6	79.4	0.0	0.0	0.0	XXX.....	XXX.....	100.0	XXX.....	90.2	9.8
13. Total Publicly Traded Bonds												
13.01 Issuer Obligations.....	2,697,478	49,633,374	71,060,929			XXX.....	123,391,781	87.4	121,175,630	90.2	123,391,781	XXX.....
13.02 Residential Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.03 Commercial Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.04 Other Loan-Backed and Structured Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.05 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	0	0.0	0	XXX.....
13.06 Affiliated Bank Loans.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.07 Unaffiliated Bank Loans.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.08 Totals.....	2,697,478	49,633,374	71,060,929	0	0	0	123,391,781	87.4	121,175,630	90.2	123,391,781	XXX.....
13.09 Line 13.08 as a % of Col. 7.....	2.2	40.2	57.6	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	100.0	XXX.....
13.10 Line 13.08 as a % of Line 11.08, Col. 7, Section 11.....	1.9	35.2	50.3	0.0	0.0	0.0	87.4	XXX.....	XXX.....	XXX.....	87.4	XXX.....
14. Total Privately Placed Bonds												
14.01 Issuer Obligations.....		7,850,559	9,958,519			XXX.....	17,809,078	12.6	13,207,276	9.8	XXX.....	17,809,078
14.02 Residential Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.03 Commercial Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.04 Other Loan-Backed and Structured Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.05 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	0	0.0	XXX.....	0
14.06 Affiliated Bank Loans.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.07 Unaffiliated Bank Loans.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.08 Totals.....	0	7,850,559	9,958,519	0	0	0	17,809,078	12.6	13,207,276	9.8	XXX.....	17,809,078
14.09 Line 14.08 as a % of Col. 7.....	0.0	44.1	55.9	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	XXX.....	100.0
14.10 Line 14.08 as a % of Line 11.08, Col. 7, Section 11.....	0.0	5.6	7.1	0.0	0.0	0.0	12.6	XXX.....	XXX.....	XXX.....	XXX.....	12.6

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**

SCHEDULE DA - VERIFICATION BETWEEN YEARS

Short-Term Investments

\$10

	1	2	3	4	5
	Total	Bonds	Mortgage Loans	Other Short-term Investment Assets (a)	Investments in Parent, Subsidiaries and Affiliates
1. Book/adjusted carrying value, December 31 of prior year.....	18,899,394	18,899,394			
2. Cost of short-term investments acquired.....	239,906,345	239,906,345			
3. Accrual of discount.....	0				
4. Unrealized valuation increase (decrease).....	0				
5. Total gain (loss) on disposals.....	0				
6. Deduct consideration received on disposals.....	256,108,262	256,108,262			
7. Deduct amortization of premium.....	0				
8. Total foreign exchange change in book/adjusted carrying value.....	0				
9. Deduct current year's other-than-temporary impairment recognized.....	0				
10. Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9).....	2,697,477	2,697,477	0	0	0
11. Deduct total nonadmitted amounts.....	0				
12. Statement value at end of current period (Line 10 minus Line 11).....	2,697,477	2,697,477	0	0	0

(a) Indicate the category of such assets, for example, joint ventures, transportation equipment:.....

Sch. DB - Pt. A - Verification
NONE

Sch. DB - Pt. B - Verification
NONE

Sch. DB - Pt. C - Sn. 1
NONE

Sch. DB - Pt. C - Sn. 2
NONE

Sch. DB - Verification
NONE

Sch. E - Pt. 2 Verification
NONE

Sch. A - Pt. 1
NONE

Sch. A - Pt. 2
NONE

Sch. A - Pt. 3
NONE

Sch. B - Pt. 1
NONE

Sch. B - Pt. 2
NONE

Sch. B - Pt. 3
NONE

Sch. BA - Pt. 1
NONE

Sch. BA - Pt. 2
NONE

Sch. BA - Pt. 3
NONE

Sch. D - Pt. 2 - Sn. 1
NONE

Sch. D - Pt. 2 - Sn. 2
NONE

SCHEDULE D - PART 3

Showing all Long-Term Bonds and Stocks ACQUIRED During Current Year

1			2			3	4	5			6	7	8	9		
CUSIP Identification			Description			Foreign	Date Acquired	Name of Vendor			Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends		
Bonds - Industrial and Miscellaneous																
00206R	HR	6	AT&T INC	3.550%	06/01/24.....		05/15/2019.....	Taxable Exchange.....				1,023,300	1,000,000	.394		
025816	CF	4	AMERICAN EXPRESS CO	3.125%	05/20/26.....		05/15/2019.....	BARCLAYS BANK PLC.....				498,660	500,000			
03040W	AU	9	AMERICAN WATER CAPITAL C				05/06/2019.....	J.P. MORGAN SECURITIES INC.....				1,870,856	1,875,000			
05351W	AB	9	AVANGRID INC	3.800%	06/01/29.....		05/14/2019.....	MITSUBISHI UFJ SECURITIE.....				1,098,438	1,100,000			
101137	AS	6	BOSTON SCIENTIFIC CORP.				05/10/2019.....	CITIGROUP GLOBAL MARKETS.....				515,190	500,000	.4,056		
110122	CB	2	BRISTOL-MYERS SQUIBB CO SERIES 144A.....				05/07/2019.....	Morgan Stanley.....				495,875	500,000			
141781	BK	9	CARGILL INC SERIES 144A.....				05/20/2019.....	BANK OF AMERICA.....				1,990,020	2,000,000			
254687	CZ	7	WALT DISNEY COMPANY/THE SERIES WI.....				11/22/2019.....	Tax Free Exchange.....				1,023,761	1,000,000	.6,886		
25470D	BE	8	DISCOVERY COMMUNICATIONS.....				04/02/2019.....	Tax Free Exchange.....				988,575	1,000,000	.11,740		
25470D	BF	5	DISCOVERY COMMUNICATIONS.....				05/16/2019.....	BARCLAYS BANK PLC.....				499,150	500,000			
256746	AH	1	DOLLAR TREE INC	4.200%	05/15/28.....		05/07/2019.....	BNP PARIBAS.....				505,870	500,000	.10,150		
260543	CX	9	DOW CHEMICAL CO/THE SERIES WI.....				11/18/2019.....	Tax Free Exchange.....				499,800	500,000	.151		
41283L	AS	4	HARLEY-DAVIDSON FINL SER SERIES 144A.....				05/22/2019.....	MITSUBISHI UFJ SECURITIE.....				3,377,764	3,400,000	.31,323		
459200	JZ	5	IBM CORP	3.300%	05/15/26.....		05/08/2019.....	J.P. MORGAN SECURITIES INC.....				2,096,094	2,100,000			
501044	DE	8	KROGER CO	2.650%	10/15/26.....		05/08/2019.....	CITIGROUP GLOBAL MARKETS.....				465,785	500,000	.920		
50540R	AQ	5	LABORATORY CORP OF AMERICA HOL.....				05/06/2019.....	BARCLAYS BANK PLC.....				503,590	500,000	.4,850		
69352P	AL	7	PPL CAPITAL FUNDING INC.....				05/16/2019.....	JEFFERIES & COMPANY.....				824,568	850,000	.366		
709599	BC	7	PENSKE TRUCK LEASING/PTL SERIES 144A.....				05/06/2019.....	BANK OF AMERICA.....				721,924	700,000	.7,780		
720186	AL	9	PIEDMONT NATURAL GAS CO.....				05/21/2019.....	Credit Suisse Securities.....				1,196,976	1,200,000			
74251V	AR	3	PRINCIPAL FINANCIAL GRP.....				05/07/2019.....	CITIGROUP GLOBAL MARKETS.....				498,010	500,000			
808513	BA	2	CHARLES SCHWAB CORP	3.250%	05/22/29.....		05/20/2019.....	Credit Suisse Securities.....				3,487,855	3,500,000			
871829	AZ	0	SYSCO CORPORATION	3.750%	10/01/25.....		05/07/2019.....	BANK OF AMERICA.....				1,241,772	1,200,000	.4,750		
92343V	EU	4	VERIZON COMMUNICATIONS SERIES WI.....				09/10/2019.....	Tax Free Exchange.....				1,018,796	1,020,000	.11,037		
96145D	AD	7	WRKCO INC	3.375%	09/15/27.....		02/15/2019.....	Tax Free Exchange.....				999,612	1,000,000	.14,063		
98956P	AF	9	ZIMMER BIOMET HOLDINGS, INC.....				05/07/2019.....	JEFFERIES & COMPANY.....				501,780	500,000	.1,874		
3899999. Total - Bonds - Industrial and Miscellaneous.....												27,944,021	27,945,000	.110,340		
8399997. Total - Bonds - Part 3.....												27,944,021	27,945,000	.110,340		
8399998. Total - Bonds - Summary Item from Part 5.....												2,546,313	2,520,630			
8399999. Total - Bonds.....												30,490,334	30,465,630	.110,340		
9999999. Total - Bonds, Preferred and Common Stocks.....												30,490,334	XXX	.110,340		

SCHEDULE D - PART 4

Showing all Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1		2			3	4	5		6	7	8	9	10	Change in Book/Adjusted Carrying Value					16	17	18	19	20	21
					F o r e i g n	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/Adjusted Carrying Value	11	12	13	14	15	Book/Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest / Stock Dividends Received During Year	Stated Contractual Maturity Date	
CUSIP Identification		Description											Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Change in B./A.C.V. (11+12-13)	Total Foreign Exchange Change in B./A.C.V.							
Bonds - Industrial and Miscellaneous																								
25470D	BD	0	DISCOVERY COMMUNICATIONS SERIES 144A.	..	04/02/2019.	Tax Free Exchange.....		988,575	1,000,000	986,927	988,202			372		372		988,575			0	11,740	06/15/2025.	
887317	AV	7	TIME WARNER INC 3.550% 06/01/24.....	..	05/15/2019.	Taxable Exchange.....		1,024,300	1,000,000	999,080	999,442			57		57		999,499		24,801	24,801	9,269	06/01/2024.	
90131H	AE	5	21ST CENTURY FOX AMERICA SERIES WI.....	..	03/15/2019.	Taxable Exchange.....		1,028,044	1,000,000	999,314	999,547			51		51		999,598		28,446	28,446	19,014	09/15/2024.	
92343V	CR	3	VERIZON COMMUNICATIONS.....	..	02/25/2019.	Taxable Exchange.....		1,019,479	1,000,000	993,400	995,838			100		100		995,938		23,541	23,541	11,375	11/01/2024.	
96145D	AC	9	WESTROCK CO SERIES 144A.....	..	02/15/2019.	Tax Free Exchange.....		999,612	1,000,000	999,560	999,593			19		19		999,612			0	14,063	09/15/2027.	
3899999.		Total - Bonds - Industrial and Miscellaneous.....						5,060,010	5,000,000	4,978,281	4,982,622		0	599	0	599	0	4,983,222	0	76,788	76,788	65,461	XXX	
8399997.		Total - Bonds - Part 4.....						5,060,010	5,000,000	4,978,281	4,982,622		0	599	0	599	0	4,983,222	0	76,788	76,788	65,461	XXX	
8399998.		Total - Bonds - Summary Item from Part 5.....						2,542,987	2,520,630	2,546,313				(3,327)		(3,327)		2,542,986		1	1	55,681	XXX	
8399999.		Total - Bonds.....						7,602,997	7,520,630	7,524,594	4,982,622		0	(2,728)	0	(2,728)	0	7,526,208	0	76,789	76,789	121,142	XXX	
9999999.		Total - Bonds, Preferred and Common Stocks.....						7,602,997	XXX	7,524,594	4,982,622		0	(2,728)	0	(2,728)	0	7,526,208	0	76,789	76,789	121,142	XXX	

SCHEDULE D - PART 5

Showing all Long-Term Bonds and Stocks ACQUIRED During Year and Fully DISPOSED OF During Current Year

1	2		3	4	5	6	7	8	9	10	11	Change in Book/Adjusted Carrying Value					17	18	19	20	21
												12	13	14	15	16					
CUSIP Identification	Description		F o r e i g n	Date Acquired	Name of Vendor	Disposal Date	Name of Purchaser	Par Value (Bonds) or Number of Shares (Stock)	Actual Cost	Consideration	Book/Adjusted Carrying Value at Disposal	Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Change in B./A.C.V. (12+13-14)	Total Foreign Exchange Change in B./A.C.V.	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Interest and Dividends Received During Year	Paid for Accrued Interest and Dividends
Bonds - Industrial and Miscellaneous																					
254687	CY	0		03/15/2019	WALT DISNEY COMPANY/THE SERIES 144A	11/22/2019	Tax Free Exchange.....	1,000,000	1,027,044	1,023,761	1,023,761		(3,283)		(3,283)				.0	24,872	
260543	CW	1		05/16/2019	DOW CHEMICAL CO/THE SERIES 144A	11/18/2019	HSBC SECURITIES.....	500,000	499,790	499,800	499,800		10		10				.0	8,962	
92343V	ET	7		02/25/2019	VERIZON COMMUNICATIONS SERIES 144A	02/25/2019	Taxable Exchange.....	630	629	630	629				.0			1	.1		
92343V	ET	7		02/25/2019	VERIZON COMMUNICATIONS SERIES 144A	09/10/2019	Tax Free Exchange.....	1,020,000	1,018,849	1,018,796	1,018,796		(54)		(54)				.0	21,847	
3899999.	Total - Bonds - Industrial and Miscellaneous.....							2,520,630	2,546,312	2,542,987	2,542,986	0	(3,327)	0	(3,327)	0	0	1	.1	55,681	0
8399998.	Total - Bonds.....							2,520,630	2,546,312	2,542,987	2,542,986	0	(3,327)	0	(3,327)	0	0	1	.1	55,681	0
9999999.	Total - Bonds, Preferred and Common Stocks.....								2,546,312	2,542,987	2,542,986	0	(3,327)	0	(3,327)	0	0	1	.1	55,681	0

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**

SCHEDULE D - PART 6 - SECTION 1

Valuation of Shares of Subsidiary, Controlled or Affiliated Companies

1	2	3	4	5	6	7	8	9	10	Stock of Such Company Owned by Insurer on Statement Date	
										11	12
CUSIP Identification	Description Name of Subsidiary, Controlled or Affiliated Company	Foreign	NAIC Company Code	ID Number	NAIC Valuation Method	Do Insurer's Assets Include Intangible Assets Connected with Holding of Such Company's Stock?	Total Amount of Such Intangible Assets	Book/Adjusted Carrying Value	Nonadmitted Amount	Number of Shares	% of Outstanding

1. Amount of insurer's capital and surplus from the prior period's statutory statement reduced by any admitted EDP, goodwill and net deferred tax assets included therein: \$.....0.
2. Total amount of intangible assets nonadmitted \$.....0.

NONE

SCHEDULE D - PART 6 - SECTION 2

1	2	3	4	Stock in Lower-Tier Company Owned Indirectly by Insurer on Statement Date	
				5	6
CUSIP Identification	Name of Lower-Tier Company	Name of Company Listed in Section 1 Which Controls Lower-Tier Company	Total Amount of Intangible Assets Included in Amount Shown in Column 8, Section 1	Number of Shares	% of Outstanding

NONE

SCHEDULE DA - PART 1

Showing all SHORT-TERM INVESTMENTS Owned December 31 of Current Year

1		Codes		4	5	6	7	Change in Book/Adjusted Carrying Value				12	13	Interest						20
		2	3					8	9	10	11			14	15	16	17	18	19	
Description		Code	F o r e i g n	Date Acquired	Name of Vendor	Maturity Date	Book/Adjusted Carrying Value	Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Foreign Exchange Change in B./A.C.V.	Par Value	Actual Cost	Amount Due and Accrued December 31 of Current Year on Bond Not in Default	Nonadmitted Due and Accrued	Rate of	Effective Rate of	When Paid	Amount Received During Year	Paid for Accrued Interest
Bonds - Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations																				
CORPORATE PASTI 95.....			..	12/27/2019.	Various.....	01/02/2020.	2,697,478						2,697,478			2.34	2.34	Daily...	415,705	
3299999. Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations.....							2,697,478	0	0	0	0	0	2,697,478	0	0	XXX	XXX	XXX	415,705	0
3899999. Total - Industrial & Miscellaneous (Unaffiliated).....							2,697,478	0	0	0	0	0	2,697,478	0	0	XXX	XXX	XXX	415,705	0
Total Bonds																				
7699999. Subtotals - Issuer Obligations.....							2,697,478	0	0	0	0	0	2,697,478	0	0	XXX	XXX	XXX	415,705	0
8399999. Subtotals - Bonds.....							2,697,478	0	0	0	0	0	2,697,478	0	0	XXX	XXX	XXX	415,705	0
9199999. Total - Short-Term Investments.....							2,697,478	0	0	0	0	XXX.....	2,697,478	0	0	XXX	XXX	XXX	415,705	0

Sch. DB - Pt. A - Sn. 1
NONE

Sch. DB - Pt. A - Sn. 2
NONE

Sch. DB - Pt. B - Sn. 1
NONE

Sch. DB - Pt. B - Sn. 2
NONE

Sch. DB - Pt. D - Sn. 1
NONE

Sch. DB - Pt. D - Sn. 2
NONE

Sch. DB - Pt. E
NONE

Sch. DL - Pt. 1
NONE

Sch. DL - Pt. 2
NONE

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**
SCHEDULE E - PART 1 - CASH

1	2	3	4	5	6	7
Depository	Code	Rate of Interest	Amount of Interest Received During Year	Amount of Interest Accrued December 31 of Current Year	Balance	*
Open Depositories						
Bank of America Depository.....	Richmond, VA.....				(11,723,246)	XXX
JPMorgan Chase--Depository.....	Austin, TX/San Antonio, TX.....				(1,575,723)	XXX
JPMorgan Chase Investments.....	Brooklyn, NY.....				3,688	XXX
0199999. Total - Open Depositories.....	XXX	XXX	0	0	(13,295,281)	XXX
0399999. Total Cash on Deposit.....	XXX	XXX	0	0	(13,295,281)	XXX
0599999. Total Cash.....	XXX	XXX	0	0	(13,295,281)	XXX

TOTALS OF DEPOSITORY BALANCES ON THE LAST DAY OF EACH MONTH DURING THE CURRENT YEAR											
1. January.....	(8,584,782)	4. April.....	(8,778,989)	7. July.....	(8,762,137)	10. October.....	(9,324,022)				
2. February.....	(6,568,372)	5. May.....	(17,361,001)	8. August.....	(16,249,840)	11. November.....	(7,440,249)				
3. March.....	(15,123,008)	6. June.....	(15,529,233)	9. September.....	(3,911,284)	12. December.....	(13,295,282)				

Annual Statement for the year 2019 of the **American Retirement Life Insurance Company**

SCHEDULE E - PART 2 - CASH EQUIVALENTS

Show Investments Owned December 31 of Current Year

1	2	3	4	5	6	7	8	9
CUSIP	Description	Code	Date Acquired	Rate of Interest	Maturity Date	Book/Adjusted Carrying Value	Amount of Interest Due & Accrued	Amount Received During Year

NONE

Annual Statement for the year 2019 of the

American Retirement Life Insurance Company

SCHEDULE E - PART 3 - SPECIAL DEPOSITS

		1	2	Deposits for the Benefit of All Policyholders		All Other Special Deposits	
		Type of Deposit	Purpose of Deposit	3 Book/Adjusting Carrying Value	4 Fair Value	5 Book/Adjusting Carrying Value	6 Fair Value
States, Etc.							
1.	Alabama.....AL						
2.	Alaska.....AK						
3.	Arizona.....AZ						
4.	Arkansas.....AR	B...	Stat deposit			110,227	111,083
5.	California.....CA						
6.	Colorado.....CO						
7.	Connecticut.....CT						
8.	Delaware.....DE						
9.	District of Columbia.....DC						
10.	Florida.....FL	B...	Stat deposit			110,227	111,083
11.	Georgia.....GA	B...	Stat deposit			35,072	35,345
12.	Hawaii.....HI						
13.	Idaho.....ID						
14.	Illinois.....IL						
15.	Indiana.....IN						
16.	Iowa.....IA						
17.	Kansas.....KS						
18.	Kentucky.....KY						
19.	Louisiana.....LA						
20.	Maine.....ME						
21.	Maryland.....MD						
22.	Massachusetts.....MA						
23.	Michigan.....MI						
24.	Minnesota.....MN						
25.	Mississippi.....MS						
26.	Missouri.....MO						
27.	Montana.....MT						
28.	Nebraska.....NE						
29.	Nevada.....NV	B...	Stat deposit			250,560	252,242
30.	New Hampshire.....NH						
31.	New Jersey.....NJ						
32.	New Mexico.....NM	B...	Stat deposit			210,480	211,838
33.	New York.....NY						
34.	North Carolina.....NC	B...	Stat deposit			410,937	413,588
35.	North Dakota.....ND						
36.	Ohio.....OH	B...	Stat deposit	1,503,427	1,513,125		
37.	Oklahoma.....OK						
38.	Oregon.....OR						
39.	Pennsylvania.....PA						
40.	Rhode Island.....RI						
41.	South Carolina.....SC	B...	Stat deposit			154,901	166,614
42.	South Dakota.....SD						
43.	Tennessee.....TN						
44.	Texas.....TX						
45.	Utah.....UT						
46.	Vermont.....VT						
47.	Virginia.....VA	B...	Stat deposit			260,536	262,559
48.	Washington.....WA						
49.	West Virginia.....WV						
50.	Wisconsin.....WI						
51.	Wyoming.....WY						
52.	American Samoa.....AS						
53.	Guam.....GU						
54.	Puerto Rico.....PR						
55.	US Virgin Islands.....VI						
56.	Northern Mariana Islands.....MP						
57.	Canada.....CAN						
58.	Aggregate Alien and Other.....OT	XXX	XXX	0	0	0	0
59.	Total.....	XXX	XXX	1,503,427	1,513,125	1,542,940	1,564,352
DETAILS OF WRITE-INS							
5801.							
5802.							
5803.							
5898.	Summary of remaining write-ins for line 58 from overflow page.....	XXX	XXX	0	0	0	0
5899.	Total (Lines 5801 thru 5803+5898) (Line 58 above).....	XXX	XXX	0	0	0	0

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