



ANNUAL STATEMENT

For the Year Ended December 31, 2018
of the Condition and Affairs of the

American Retirement Life Insurance Company

NAIC Group Code.....	0901, 0901	NAIC Company Code.....	88366	Employer's ID Number.....	59-2760189
	(Current Period) (Prior Period)				
Organized under the Laws of OH		State of Domicile or Port of Entry OH		Country of Domicile	US
Incorporated/Organized.....	May 12, 1978	Commenced Business.....	November 27, 1978		
Statutory Home Office	1300 East Ninth Street .. Cleveland .. OH .. US .. 44114 (Street and Number) (City or Town, State, Country and Zip Code)				
Main Administrative Office	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number) (City or Town, State, Country and Zip Code)				
Mail Address	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number or P. O. Box) (City or Town, State, Country and Zip Code)				
Primary Location of Books and Records	11200 Lakeline Blvd., Suite 100 .. Austin .. TX .. US .. 78717 (Street and Number) (City or Town, State, Country and Zip Code)				
Internet Web Site Address	www.CignaSupplementalBenefits.com				
Statutory Statement Contact	Renee Wilkins Feldman (Name)				
	CSBFinRpt@cigna.com (E-Mail Address)				

OFFICERS

Name	Title	Name	Title
1. Stephen Burnett Jones	President	2. Byron Keith Buescher	Treasuer and Chief Accounting Officer
3. Anna Krishtul	Secretary	4. Susan Eadaoine Buck	Appointed Actuary
OTHER			
Gregory John Czar	Executive Vice President and Chief Financial Officer	Timothy Andrew Bulat #	Vice President and Chief Actuary
David Lawrence Chambers	Vice President-Sales and Marketing	Mark Fleming	Vice President and Assistant Treasurer
Joanne Ruth Hart	Vice President and Assistant Treasurer	Scott Ronald Lambert	Vice President and Assistant Treasurer
Ryan Bruce McGroarty	Vice President	Kathleen Murphy O'Neil #	Vice President
Maureen Hardiman Ryan	Vice President and Assistant Treasurer		

DIRECTORS OR TRUSTEES

Gregory John Czar	Brian Case Evanko	Stephen Burnett Jones	Ryan Bruce McGroarty
Frank Sataline Jr.	James Yablecki		

State of..... Texas
County of.... Williamson

The officers of this reporting entity being duly sworn, each depose and say that they are the described officers of said reporting entity, and that on the reporting period stated above, all of the herein described assets were the absolute property of the said reporting entity, free and clear from any liens or claims thereon, except as herein stated, and that this statement, together with related exhibits, schedules and explanations therein contained, annexed or referred to, is a full and true statement of all the assets and liabilities and of the condition and affairs of the said reporting entity as of the reporting period stated above, and of its income and deductions therefrom for the period ended, and have been completed in accordance with the NAIC *Annual Statement Instructions and Accounting Practices and Procedures* manual except to the extent that: (1) state law may differ; or, (2) that state rules or regulations require differences in reporting not related to accounting practices and procedures, according to the best of their information, knowledge and belief, respectively. Furthermore, the scope of this attestation by the described officers also includes the related corresponding electronic filing with the NAIC, when required, that is an exact copy (except for formatting differences due to electronic filing) of the enclosed statement. The electronic filing may be requested by various regulators in lieu of or in addition to the enclosed statement.

(Signature) Stephen Burnett Jones	(Signature) Byron Keith Buescher	(Signature) Anna Krishtul
1. (Printed Name) President	2. (Printed Name) Treasuer and Chief Accounting Officer	3. (Printed Name) Secretary
(Title)	(Title)	(Title)
Subscribed and sworn to before me	a. Is this an original filing?	Yes [X] No []
This _____ day of _____ February 2019	b. If no	1. State the amendment number
		2. Date filed
		3. Number of pages attached

Annual Statement for the year 2018 of the

American Retirement Life Insurance Company

SUMMARY INVESTMENT SCHEDULE

Investment Categories	Gross Investment Holdings		Admitted Assets as Reported in the Annual Statement			
	1	2	3	4	5	6
	Amount	Percentage	Amount	Securities Lending Reinvested Collateral Amount	Total (Col. 3 + 4) Amount	Percentage
1. Bonds:						
1.1 U.S. treasury securities.....	3,346,145	2.8	3,346,145		3,346,145	2.8
1.2 U.S. government agency obligations (excluding mortgage-backed securities):						
1.21 Issued by U.S. government agencies.....		0.0			0	0.0
1.22 Issued by U.S. government sponsored agencies.....		0.0			0	0.0
1.3 Non-U.S. government (including Canada, excluding mortgage-backed securities).....		0.0			0	0.0
1.4 Securities issued by states, territories and possessions and political subdivisions in the U.S.:						
1.41 States, territories and possessions general obligations.....		0.0			0	0.0
1.42 Political subdivisions of states, territories and possessions and political subdivisions general obligations.....		0.0			0	0.0
1.43 Revenue and assessment obligations.....		0.0			0	0.0
1.44 Industrial development and similar obligations.....		0.0			0	0.0
1.5 Mortgage-backed securities (includes residential and commercial MBS):						
1.51 Pass-through securities:						
1.511 Issued or guaranteed by GNMA.....		0.0			0	0.0
1.512 Issued or guaranteed by FNMA and FHLMC.....		0.0			0	0.0
1.513 All other.....		0.0			0	0.0
1.52 CMOs and REMICs:						
1.521 Issued or guaranteed by GNMA, FNMA, FHLMC or VA.....		0.0			0	0.0
1.522 Issued by non-U.S. Government issuers and collateralized by mortgage-based securities issued or guaranteed by agencies shown in Line 1.521.....		0.0			0	0.0
1.523 All other.....		0.0			0	0.0
2. Other debt and other fixed income securities (excluding short-term):						
2.1 Unaffiliated domestic securities (includes credit tenant loans and hybrid securities).....	107,900,414	90.6	107,900,414		107,900,414	90.6
2.2 Unaffiliated non-U.S. securities (including Canada).....	4,236,952	3.6	4,236,952		4,236,952	3.6
2.3 Affiliated securities.....		0.0			0	0.0
3. Equity interests:						
3.1 Investments in mutual funds.....		0.0			0	0.0
3.2 Preferred stocks:						
3.21 Affiliated.....		0.0			0	0.0
3.22 Unaffiliated.....		0.0			0	0.0
3.3 Publicly traded equity securities (excluding preferred stocks):						
3.31 Affiliated.....		0.0			0	0.0
3.32 Unaffiliated.....		0.0			0	0.0
3.4 Other equity securities:						
3.41 Affiliated.....		0.0			0	0.0
3.42 Unaffiliated.....		0.0			0	0.0
3.5 Other equity interests including tangible personal property under lease:						
3.51 Affiliated.....		0.0			0	0.0
3.52 Unaffiliated.....		0.0			0	0.0
4. Mortgage loans:						
4.1 Construction and land development.....		0.0			0	0.0
4.2 Agricultural.....		0.0			0	0.0
4.3 Single family residential properties.....		0.0			0	0.0
4.4 Multifamily residential properties.....		0.0			0	0.0
4.5 Commercial loans.....		0.0			0	0.0
4.6 Mezzanine real estate loans.....		0.0			0	0.0
5. Real estate investments:						
5.1 Property occupied by company.....		0.0			0	0.0
5.2 Property held for production of income (including \$.....0 of property acquired in satisfaction of debt).....		0.0			0	0.0
5.3 Property held for sale (including \$.....0 property acquired in satisfaction of debt).....		0.0			0	0.0
6. Contract loans.....	449	0.0	449		449	0.0
7. Derivatives.....		0.0			0	0.0
8. Receivables for securities.....		0.0			0	0.0
9. Securities lending (Line 10, Asset Page reinvested collateral).....		0.0		XXX	XXX	XXX
10. Cash, cash equivalents and short-term investments.....	3,644,203	3.1	3,644,203		3,644,203	3.1
11. Other invested assets.....		0.0			0	0.0
12. Total invested assets.....	119,128,164	100.0	119,128,164	0	119,128,164	100.0

Annual Statement for the year 2018 of the **American Retirement Life Insurance Company**

SCHEDULE A - VERIFICATION BETWEEN YEARS

Real Estate

1.	Book/adjusted carrying value, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 6).....		
2.2	Additional investment made after acquisition (Part 2, Column 9).....		0
3.	Current year change in encumbrances:		
3.1	Totals, Part 1, Column 13.....		
3.2	Totals, Part 3, Column 11.....		0
4.	Total gain (loss) on disposals, Part 3, Column 18.....		
5.	Deduct amounts received on disposals, Part 3, Column 15.....		
6.	Total foreign exchange change in book/adjusted carrying value:		
6.1	Totals, Part 1, Column 15.....		
6.2	Totals, Part 3, Column 13.....		0
7.	Deduct current year's other-than-temporary impairment recognized:		
7.1	Totals, Part 1, Column 12.....		
7.2	Totals, Part 3, Column 10.....		0
8.	Deduct current year's depreciation:		
8.1	Totals, Part 1, Column 11.....		
8.2	Totals, Part 3, Column 9.....		0
9.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4-5+6-7-8).....		0
10.	Deduct total nonadmitted amounts.....		
11.	Statement value at end of current period (Line 9 minus Line 10).....		0

SCHEDULE B - VERIFICATION BETWEEN YEARS

Mortgage Loans

1.	Book value/recorded investment excluding accrued interest, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 7).....		
2.2	Additional investment made after acquisition (Part 2, Column 8).....		0
3.	Capitalized deferred interest and other:		
3.1	Totals, Part 1, Column 12.....		
3.2	Totals, Part 3, Column 11.....		0
4.	Accrual of discount.....		
5.	Unrealized valuation increase (decrease):		
5.1	Totals, Part 1, Column 9.....		
5.2	Totals, Part 3, Column 8.....		0
6.	Total gain (loss) on disposals, Part 3, Column 18.....		
7.	Deduct amounts received on disposals, Part 3, Column 15.....		
8.	Deduct amortization of premium and mortgage interest points and commitment fees.....		
9.	Total foreign exchange change in book value/recorded investment excluding accrued interest:		
9.1	Totals, Part 1, Column 13.....		
9.2	Totals, Part 3, Column 13.....		0
10.	Deduct current year's other-than-temporary impairment recognized:		
10.1	Totals, Part 1, Column 11.....		
10.2	Totals, Part 3, Column 10.....		0
11.	Book value/recorded investment excluding accrued interest at end of current period (Lines 1+2+3+4+5+6-7-8+9-10).....		0
12.	Total valuation allowance.....		
13.	Subtotal (Line 11 plus Line 12).....		0
14.	Deduct total nonadmitted amounts.....		
15.	Statement value of mortgages owned at end of current period (Line 13 minus Line 14).....		0

Annual Statement for the year 2018 of the **American Retirement Life Insurance Company**

SCHEDULE BA - VERIFICATION BETWEEN YEARS

Other Long-Term Invested Assets

1.	Book/adjusted carrying value, December 31 of prior year.....		
2.	Cost of acquired:		
2.1	Actual cost at time of acquisition (Part 2, Column 8).....		
2.2	Additional investment made after acquisition (Part 2, Column 9).....		0
3.	Capitalized deferred interest and other:		
3.1	Totals, Part 1, Column 16.....		
3.2	Totals, Part 3, Column 12.....		0
4.	Accrual of discount.....		
5.	Unrealized valuation increase (decrease):		
5.1	Totals, Part 1, Column 13.....		
5.2	Totals, Part 3, Column 9.....		0
6.	Total gain (loss) on disposals, Part 3, Column 19.....		
7.	Deduct amounts received on disposals, Part 3, Column 16.....		
8.	Deduct amortization of premium and depreciation.....		
9.	Total foreign exchange change in book/adjusted carrying value:		
9.1	Totals, Part 1, Column 17.....		
9.2	Totals, Part 3, Column 14.....		0
10.	Deduct current year's other-than-temporary impairment recognized:		
10.1	Totals, Part 1, Column 15.....		
10.2	Totals, Part 3, Column 11.....		0
11.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5+6-7-8+9-10).....		0
12.	Deduct total nonadmitted amounts.....		
13.	Statement value at end of current period (Line 11 minus Line 12).....		0

NONE

SCHEDULE D - VERIFICATION BETWEEN YEARS

Bonds and Stocks

1.	Book/adjusted carrying value, December 31 of prior year.....		95,377,941
2.	Cost of bonds and stocks acquired, Part 3, Column 7.....		24,749,337
3.	Accrual of discount.....		76,736
4.	Unrealized valuation increase (decrease):		
4.1	Part 1, Column 12.....		
4.2	Part 2, Section 1, Column 15.....		
4.3	Part 2, Section 2, Column 13.....		
4.4	Part 4, Column 11.....		0
5.	Total gain (loss) on disposals, Part 4, Column 19.....		(128,730)
6.	Deduct consideration for bonds and stocks disposed of, Part 4, Column 7.....		4,569,213
7.	Deduct amortization of premium.....		22,560
8.	Total foreign exchange change in book/adjusted carrying value:		
8.1	Part 1, Column 15.....		
8.2	Part 2, Section 1, Column 19.....		
8.3	Part 2, Section 2, Column 16.....		
8.4	Part 4, Column 15.....		0
9.	Deduct current year's other-than-temporary impairment recognized:		
9.1	Part 1, Column 14.....		
9.2	Part 2, Section 1, Column 17.....		
9.3	Part 2, Section 2, Column 14.....		
9.4	Part 4, Column 13.....		0
10.	Total investment income recognized as a result of prepayment and/or acceleration fees, Note 5R, Line 5R(2).....		
11.	Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9+10).....		115,483,511
12.	Deduct total nonadmitted amounts.....		
13.	Statement value at end of current period (Line 11 minus Line 12).....		115,483,511

Annual Statement for the year 2018 of the

American Retirement Life Insurance Company

SCHEDULE D - SUMMARY BY COUNTRY

Long-Term Bonds and Stocks OWNED December 31 of Current Year

Description		1 Book/Adjusted Carrying Value	2 Fair Value	3 Actual Cost	4 Par Value of Bonds
BONDS Governments (Including all obligations guaranteed by governments)	1. United States.....	3,346,145	3,296,598	3,359,821	3,335,000
	2. Canada.....				
	3. Other Countries.....				
	4. Totals.....	3,346,145	3,296,598	3,359,821	3,335,000
U.S. States, Territories and Possessions (Direct and guaranteed)	5. Totals.....				
U.S. Political Subdivisions of States, Territories and Possessions (Direct and guaranteed)	6. Totals.....				
U.S. Special Revenue and Special Assessment Obligations and All Non-Guaranteed Obligations of Agencies and Authorities of Governments and Their Political Subdivisions	7. Totals.....				
Industrial and Miscellaneous, SVO Identified Funds, Bank Loans and Hybrid Securities (Unaffiliated)	8. United States.....	107,900,414	104,935,923	107,777,902	108,352,000
	9. Canada.....	3,251,836	3,168,078	3,244,431	3,307,000
	10. Other Countries.....	985,117	979,311	969,290	1,000,000
	11. Totals.....	112,137,367	109,083,312	111,991,623	112,659,000
Parent, Subsidiaries and Affiliates	12. Totals.....				
	13. Total Bonds.....	115,483,512	112,379,910	115,351,444	115,994,000
PREFERRED STOCKS Industrial and Miscellaneous (Unaffiliated)	14. United States.....				
	15. Canada.....				
	16. Other Countries.....				
	17. Totals.....	0	0	0	
Parent, Subsidiaries and Affiliates	18. Totals.....				
	19. Total Preferred Stocks.....	0	0	0	
COMMON STOCKS Industrial and Miscellaneous (Unaffiliated)	20. United States.....				
	21. Canada.....				
	22. Other Countries.....				
	23. Totals.....	0	0	0	
Parent, Subsidiaries and Affiliates	24. Totals.....				
	25. Total Common Stocks.....	0	0	0	
	26. Total Stocks.....	0	0	0	
	27. Total Bonds and Stocks.....	115,483,512	112,379,910	115,351,444	

Annual Statement for the year 2018 of the

American Retirement Life Insurance Company

SCHEDULE D - PART 1A - SECTION 1

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

9015

NAIC Designation	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed (a)
1. U.S. Governments												
1.1 NAIC 1.....		3,346,145				XXX	3,346,145	2.5	3,349,830	2.7	3,346,145	
1.2 NAIC 2.....						XXX	0	0.0		0.0		
1.3 NAIC 3.....						XXX	0	0.0		0.0		
1.4 NAIC 4.....						XXX	0	0.0		0.0		
1.5 NAIC 5.....						XXX	0	0.0		0.0		
1.6 NAIC 6.....						XXX	0	0.0		0.0		
1.7 Totals.....	0	3,346,145	0	0	0	XXX	3,346,145	2.5	3,349,830	2.7	3,346,145	0
2. All Other Governments												
2.1 NAIC 1.....						XXX	0	0.0		0.0		
2.2 NAIC 2.....						XXX	0	0.0		0.0		
2.3 NAIC 3.....						XXX	0	0.0		0.0		
2.4 NAIC 4.....						XXX	0	0.0		0.0		
2.5 NAIC 5.....						XXX	0	0.0		0.0		
2.6 NAIC 6.....						XXX	0	0.0		0.0		
2.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
3. U.S. States, Territories and Possessions, etc., Guaranteed												
3.1 NAIC 1.....						XXX	0	0.0		0.0		
3.2 NAIC 2.....						XXX	0	0.0		0.0		
3.3 NAIC 3.....						XXX	0	0.0		0.0		
3.4 NAIC 4.....						XXX	0	0.0		0.0		
3.5 NAIC 5.....						XXX	0	0.0		0.0		
3.6 NAIC 6.....						XXX	0	0.0		0.0		
3.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
4. U.S. Political Subdivisions of States, Territories and Possessions, Guaranteed												
4.1 NAIC 1.....						XXX	0	0.0		0.0		
4.2 NAIC 2.....						XXX	0	0.0		0.0		
4.3 NAIC 3.....						XXX	0	0.0		0.0		
4.4 NAIC 4.....						XXX	0	0.0		0.0		
4.5 NAIC 5.....						XXX	0	0.0		0.0		
4.6 NAIC 6.....						XXX	0	0.0		0.0		
4.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
5. U.S. Special Revenue & Special Assessment Obligations, etc., Non-Guaranteed												
5.1 NAIC 1.....						XXX	0	0.0		0.0		
5.2 NAIC 2.....						XXX	0	0.0		0.0		
5.3 NAIC 3.....						XXX	0	0.0		0.0		
5.4 NAIC 4.....						XXX	0	0.0		0.0		
5.5 NAIC 5.....						XXX	0	0.0		0.0		
5.6 NAIC 6.....						XXX	0	0.0		0.0		
5.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0

SCHEDULE D - PART 1A - SECTION 1 (continued)

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

901S

NAIC Designation	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed (a)
6. Industrial and Miscellaneous (unaffiliated)												
6.1 NAIC 1.....	18,899,395	985,117	32,435,602			XXX	52,320,114	38.9	57,406,440	46.1	45,097,286	7,222,827
6.2 NAIC 2.....		4,471,424	73,246,294			XXX	77,717,718	57.8	63,847,884	51.2	71,733,269	5,984,449
6.3 NAIC 3.....			998,930			XXX	998,930	0.7		0.0	998,930	
6.4 NAIC 4.....						XXX	0	0.0		0.0		
6.5 NAIC 5.....						XXX	0	0.0		0.0		
6.6 NAIC 6.....						XXX	0	0.0		0.0		
6.7 Totals.....	18,899,395	5,456,541	106,680,826	0	0	XXX	131,036,762	97.5	121,254,324	97.3	117,829,485	13,207,276
7. Hybrid Securities												
7.1 NAIC 1.....						XXX	0	0.0		0.0		
7.2 NAIC 2.....						XXX	0	0.0		0.0		
7.3 NAIC 3.....						XXX	0	0.0		0.0		
7.4 NAIC 4.....						XXX	0	0.0		0.0		
7.5 NAIC 5.....						XXX	0	0.0		0.0		
7.6 NAIC 6.....						XXX	0	0.0		0.0		
7.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
8. Parent, Subsidiaries and Affiliates												
8.1 NAIC 1.....						XXX	0	0.0		0.0		
8.2 NAIC 2.....						XXX	0	0.0		0.0		
8.3 NAIC 3.....						XXX	0	0.0		0.0		
8.4 NAIC 4.....						XXX	0	0.0		0.0		
8.5 NAIC 5.....						XXX	0	0.0		0.0		
8.6 NAIC 6.....						XXX	0	0.0		0.0		
8.7 Totals.....	0	0	0	0	0	XXX	0	0.0	0	0.0	0	0
9. SVO Identified Funds												
9.1 NAIC 1.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.2 NAIC 2.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.3 NAIC 3.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.4 NAIC 4.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.5 NAIC 5.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.6 NAIC 6.....	XXX	XXX	XXX	XXX	XXX		0	0.0		0.0		
9.7 Totals.....	XXX	XXX	XXX	XXX	XXX	0	0	0.0	0	0.0	0	0
10. Bank Loans												
10.1 NAIC 1.....						XXX	0	0.0	XXX	XXX		
10.2 NAIC 2.....						XXX	0	0.0	XXX	XXX		
10.3 NAIC 3.....						XXX	0	0.0	XXX	XXX		
10.4 NAIC 4.....						XXX	0	0.0	XXX	XXX		
10.5 NAIC 5.....						XXX	0	0.0	XXX	XXX		
10.6 NAIC 6.....						XXX	0	0.0	XXX	XXX		
10.7 Totals.....	0	0	0	0	0	XXX	0	0.0	XXX	XXX	0	0

SCHEDULE D - PART 1A - SECTION 1 (continued)

Quality and Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Types of Issues and NAIC Designations

NAIC Designation	1	2	3	4	5	6	7	8	9	10	11	12
	1 Year or Less	Over 1 Year Through 5 Years	Over 5 Years Through 10 Years	Over 10 Years Through 20 Years	Over 20 Years	No Maturity Date	Total Current Year	Column 7 as a % of Line 11.7	Total from Column 7 Prior Year	% from Col. 8 Prior Year	Total Publicly Traded	Total Privately Placed (a)
11. Total Bonds Current Year												
11.1 NAIC 1.....	(d).....18,899,395	4,331,262	32,435,602	0	0	0	55,666,259	41.4	XXX.....	XXX.....	48,443,431	7,222,827
11.2 NAIC 2.....	(d)......0	4,471,424	73,246,294	0	0	0	77,717,718	57.8	XXX.....	XXX.....	71,733,269	5,984,449
11.3 NAIC 3.....	(d)......0	0	998,930	0	0	0	998,930	0.7	XXX.....	XXX.....	998,930	0
11.4 NAIC 4.....	(d)......0	0	0	0	0	0	0	0.0	XXX.....	XXX.....	0	0
11.5 NAIC 5.....	(d)......0	0	0	0	0	0	(c)......0	0.0	XXX.....	XXX.....	0	0
11.6 NAIC 6.....	(d)......0	0	0	0	0	0	(c)......0	0.0	XXX.....	XXX.....	0	0
11.7 Totals.....	18,899,395	8,802,686	106,680,826	0	0	0	(b).....134,382,907	100.0	XXX.....	XXX.....	121,175,630	13,207,276
11.8 Line 11.7 as a % of Col. 7.....	14.1	6.6	79.4	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	90.2	9.8
12. Total Bonds Prior Year												
12.1 NAIC 1.....	29,226,213	4,331,465	26,699,191	499,401			XXX.....	XXX.....	60,756,270	48.8	56,511,623	4,244,647
12.2 NAIC 2.....		3,966,460	57,910,264	1,971,160			XXX.....	XXX.....	63,847,884	51.2	57,852,725	5,995,159
12.3 NAIC 3.....							XXX.....	XXX.....	0	0.0		
12.4 NAIC 4.....							XXX.....	XXX.....	0	0.0		
12.5 NAIC 5.....							XXX.....	XXX.....	(c)......0	0.0		
12.6 NAIC 6.....							XXX.....	XXX.....	(c)......0	0.0		
12.7 Totals.....	29,226,213	8,297,925	84,609,455	2,470,561	0	0	XXX.....	XXX.....	(b).....124,604,154	100.0	114,364,348	10,239,806
12.8 Line 12.7 as a % of Col. 9.....	23.5	6.7	67.9	2.0	0.0	0.0	XXX.....	XXX.....	100.0	XXX.....	91.8	8.2
13. Total Publicly Traded Bonds												
13.1 NAIC 1.....	18,899,395	4,331,262	25,212,775				48,443,432	36.0	56,511,623	45.4	48,443,432	XXX.....
13.2 NAIC 2.....		4,471,424	67,261,845				71,733,269	53.4	57,852,725	46.4	71,733,269	XXX.....
13.3 NAIC 3.....			998,930				998,930	0.7	0	0.0	998,930	XXX.....
13.4 NAIC 4.....							0	0.0	0	0.0	0	XXX.....
13.5 NAIC 5.....							0	0.0	0	0.0	0	XXX.....
13.6 NAIC 6.....							0	0.0	0	0.0	0	XXX.....
13.7 Totals.....	18,899,395	8,802,686	93,473,550	0	0	0	121,175,631	90.2	114,364,348	91.8	121,175,631	XXX.....
13.8 Line 13.7 as a % of Col. 7.....	15.6	7.3	77.1	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	100.0	XXX.....
13.9 Line 13.7 as a % of Line 11.7, Col. 7, Section 11.....	14.1	6.6	69.6	0.0	0.0	0.0	90.2	XXX.....	XXX.....	XXX.....	90.2	XXX.....
14. Total Privately Placed Bonds												
14.1 NAIC 1.....			7,222,827				7,222,827	5.4	4,244,647	3.4	XXX.....	7,222,827
14.2 NAIC 2.....			5,984,449				5,984,449	4.5	5,995,159	4.8	XXX.....	5,984,449
14.3 NAIC 3.....							0	0.0	0	0.0	XXX.....	0
14.4 NAIC 4.....							0	0.0	0	0.0	XXX.....	0
14.5 NAIC 5.....							0	0.0	0	0.0	XXX.....	0
14.6 NAIC 6.....							0	0.0	0	0.0	XXX.....	0
14.7 Totals.....	0	0	13,207,276	0	0	0	13,207,276	9.8	10,239,806	8.2	XXX.....	13,207,276
14.8 Line 14.7 as a % of Col. 7.....	0.0	0.0	100.0	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	XXX.....	100.0
14.9 Line 14.7 as a % of Line 11.7, Col. 7, Section 11.....	0.0	0.0	9.8	0.0	0.0	0.0	9.8	XXX.....	XXX.....	XXX.....	XXX.....	9.8

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(a) Includes \$......13,207,276 freely tradable under SEC Rule 144 or qualified for resale under SEC Rule 144A.
(b) Includes \$......0 current year of bonds with Z designations, \$......0 prior year of bonds with Z designations and \$......0 prior year of bonds with Z* designations. The letter "Z" means the NAIC designation was not assigned by the Securities Valuation Office (SVO) at the date of the statement. "Z*" means the SVO could not evaluate the obligation because valuation procedures for the security class are under regulatory review.
(c) Includes \$......0 current year of bonds with 5GI designations, \$......0 prior year of bonds with 5* or 5GI designations and \$......0 current year, \$......0 prior year of bonds with 6* designations. "5GI" means the NAIC designation was assigned by the SVO in reliance on the insurer's certification that the issuer is current in all principal and interest payments. "6*" means the NAIC designation was assigned by the SVO due to inadequate certification of principal and interest payments.
(d) Includes the following amount of short-term and cash equivalent bonds by NAIC designation: NAIC 1 \$......18,899,395; NAIC 2 \$......0; NAIC 3 \$......0; NAIC 4 \$......0; NAIC 5 \$......0; NAIC 6 \$......0.

SCHEDULE D - PART 1A - SECTION 2

Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Type and Subtype of Issues

Distribution by Type	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed
1. U.S. Governments												
1.1 Issuer Obligations.....		3,346,145				XXX	3,346,145	2.5	3,349,830	2.7	3,346,145	
1.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
1.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
1.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
1.5 Totals.....	0	3,346,145	.0	.0	.0	XXX	3,346,145	2.5	3,349,830	2.7	3,346,145	.0
2. All Other Governments												
2.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
2.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
2.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
2.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
2.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0
3. U.S. States, Territories and Possessions, Guaranteed												
3.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
3.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
3.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
3.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
3.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0
4. U.S. Political Subdivisions of States, Territories and Possessions, Guaranteed												
4.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
4.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
4.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
4.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
4.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0
5. U.S. Special Revenue & Special Assessment Obligations, etc., Non-Guaranteed												
5.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
5.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
5.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
5.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
5.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0
6. Industrial and Miscellaneous (unaffiliated)												
6.1 Issuer Obligations.....	18,899,395	5,456,541	106,680,826			XXX	131,036,762	97.5	121,254,324	97.3	117,829,485	13,207,276
6.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
6.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
6.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
6.5 Totals.....	18,899,395	5,456,541	106,680,826	.0	.0	XXX	131,036,762	97.5	121,254,324	97.3	117,829,485	13,207,276
7. Hybrid Securities												
7.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
7.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
7.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
7.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
7.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0
8. Parent, Subsidiaries and Affiliates												
8.1 Issuer Obligations.....						XXX	.0	0.0		0.0		
8.2 Residential Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
8.3 Commercial Mortgage-Backed Securities.....						XXX	.0	0.0		0.0		
8.4 Other Loan-Backed and Structured Securities.....						XXX	.0	0.0		0.0		
8.5 Totals.....	0	0	.0	.0	.0	XXX	.0	0.0	0	0.0	.0	.0

SCHEDULE D - PART 1A - SECTION 2 (continued)

Maturity Distribution of All Bonds Owned December 31, At Book/Adjusted Carrying Values By Major Type and Subtype of Issues

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Distribution by Type	1 1 Year or Less	2 Over 1 Year Through 5 Years	3 Over 5 Years Through 10 Years	4 Over 10 Years Through 20 Years	5 Over 20 Years	6 No Maturity Date	7 Total Current Year	8 Column 7 as a % of Line 11.7	9 Total from Column 7 Prior Year	10 % from Col. 8 Prior Year	11 Total Publicly Traded	12 Total Privately Placed
9. SVO Identified Funds												
9.1 Exchange Traded Funds Identified by the SVO.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0		0.0		
9.2 Bond Mutual Funds Identified by the SVO.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0		0.0		
9.3 Totals.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	0	0.0	0	0
10. Bank Loans												
10.1 Bank Loans - Issued.....						XXX.....	0	0.0	XXX.....	XXX.....		
10.2 Bank Loans - Acquired.....						XXX.....	0	0.0	XXX.....	XXX.....		
10.3 Totals.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11. Total Bonds Current Year												
11.1 Issuer Obligations.....	18,899,395	8,802,686	106,680,826	0	0	XXX.....	134,382,907	100.0	XXX.....	XXX.....	121,175,630	13,207,276
11.2 Residential Mortgage-Backed Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.3 Commercial Mortgage-Backed Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.4 Other Loan-Backed and Structured Securities.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.5 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0	0.0	XXX.....	XXX.....	0	0
11.6 Bank Loans.....	0	0	0	0	0	XXX.....	0	0.0	XXX.....	XXX.....	0	0
11.7 Totals.....	18,899,395	8,802,686	106,680,826	0	0	0	134,382,907	100.0	XXX.....	XXX.....	121,175,630	13,207,276
11.8 Line 11.7 as a % of Col. 7.....	14.1	6.6	79.4	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	90.2	9.8
12. Total Bonds Prior Year												
12.1 Issuer Obligations.....	29,226,213	8,297,925	84,609,455	2,470,561		XXX.....	XXX.....	XXX.....	124,604,154	100.0	114,364,347	10,239,806
12.2 Residential Mortgage-Backed Securities.....						XXX.....	XXX.....	XXX.....	0	0.0		
12.3 Commercial Mortgage-Backed Securities.....						XXX.....	XXX.....	XXX.....	0	0.0		
12.4 Other Loan-Backed and Structured Securities.....						XXX.....	XXX.....	XXX.....	0	0.0		
12.5 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	0	0.0		
12.6 Bank Loans.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....
12.7 Totals.....	29,226,213	8,297,925	84,609,455	2,470,561	0	0	XXX.....	XXX.....	124,604,154	100.0	114,364,347	10,239,806
12.8 Line 12.7 as a % of Col. 9.....	23.5	6.7	67.9	2.0	0.0	0.0	XXX.....	XXX.....	100.0	XXX.....	91.8	8.2
13. Total Publicly Traded Bonds												
13.1 Issuer Obligations.....	18,899,395	8,802,686	93,473,549			XXX.....	121,175,630	90.2	114,364,347	91.8	121,175,630	XXX.....
13.2 Residential Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.3 Commercial Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.4 Other Loan-Backed and Structured Securities.....						XXX.....	0	0.0	0	0.0	0	XXX.....
13.5 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0	0	0.0	0	XXX.....
13.6 Bank Loans.....						XXX.....	0	0.0	XXX.....	XXX.....	0	XXX.....
13.7 Totals.....	18,899,395	8,802,686	93,473,549	0	0	0	121,175,630	90.2	114,364,347	91.8	121,175,630	XXX.....
13.8 Line 13.7 as a % of Col. 7.....	15.6	7.3	77.1	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	100.0	XXX.....
13.9 Line 13.7 as a % of Line 11.7, Col. 7, Section 11.....	14.1	6.6	69.6	0.0	0.0	0.0	90.2	XXX.....	XXX.....	XXX.....	90.2	XXX.....
14. Total Privately Placed Bonds												
14.1 Issuer Obligations.....			13,207,276			XXX.....	13,207,276	9.8	10,239,806	8.2	XXX.....	13,207,276
14.2 Residential Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.3 Commercial Mortgage-Backed Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.4 Other Loan-Backed and Structured Securities.....						XXX.....	0	0.0	0	0.0	XXX.....	0
14.5 SVO Identified Funds.....	XXX.....	XXX.....	XXX.....	XXX.....	XXX.....		0	0.0	0	0.0	XXX.....	0
14.6 Bank Loans.....						XXX.....	0	0.0	XXX.....	XXX.....	XXX.....	0
14.7 Totals.....	0	0	13,207,276	0	0	0	13,207,276	9.8	10,239,806	8.2	XXX.....	13,207,276
14.8 Line 14.7 as a % of Col. 7.....	0.0	0.0	100.0	0.0	0.0	0.0	100.0	XXX.....	XXX.....	XXX.....	XXX.....	100.0
14.9 Line 14.7 as a % of Line 11.7, Col. 7, Section 11.....	0.0	0.0	9.8	0.0	0.0	0.0	9.8	XXX.....	XXX.....	XXX.....	XXX.....	9.8

Annual Statement for the year 2018 of the **American Retirement Life Insurance Company**

SCHEDULE DA - VERIFICATION BETWEEN YEARS

Short-Term Investments

\$10

	1	2	3	4	5
	Total	Bonds	Mortgage Loans	Other Short-term Investment Assets (a)	Investments in Parent, Subsidiaries and Affiliates
1. Book/adjusted carrying value, December 31 of prior year.....	29,226,212	29,226,212			
2. Cost of short-term investments acquired.....	208,382,682	208,382,682			
3. Accrual of discount.....	0				
4. Unrealized valuation increase (decrease).....	0				
5. Total gain (loss) on disposals.....	0				
6. Deduct consideration received on disposals.....	218,709,500	218,709,500			
7. Deduct amortization of premium.....	0				
8. Total foreign exchange change in book/adjusted carrying value.....	0				
9. Deduct current year's other-than-temporary impairment recognized.....	0				
10. Book/adjusted carrying value at end of current period (Lines 1+2+3+4+5-6-7+8-9).....	18,899,394	18,899,394	0	0	0
11. Deduct total nonadmitted amounts.....	0				
12. Statement value at end of current period (Line 10 minus Line 11).....	18,899,394	18,899,394	0	0	0

(a) Indicate the category of such assets, for example, joint ventures, transportation equipment:.....

Sch. DB - Pt. A - Verification
NONE

Sch. DB - Pt. B - Verification
NONE

Sch. DB - Pt. C - Sn. 1
NONE

Sch. DB - Pt. C - Sn. 2
NONE

Sch. DB - Verification
NONE

Sch. E - Pt. 2 Verification
NONE

Sch. A - Pt. 1
NONE

Sch. A - Pt. 2
NONE

Sch. A - Pt. 3
NONE

Sch. B - Pt. 1
NONE

Sch. B - Pt. 2
NONE

Sch. B - Pt. 3
NONE

Sch. BA - Pt. 1
NONE

Sch. BA - Pt. 2
NONE

Sch. BA - Pt. 3
NONE

SCHEDULE D - PART 1

Showing all Long-Term BONDS Owned December 31 of Current Year

1	2	Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
		3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification	Description	Code	F o r e i n	Bond CHAR	NAIC Designation and Administrative Symbol	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/Adjusted Carrying Value	Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Foreign Exchange Change in B./A.C.V.	Rate of	Effective Rate of	When Paid	Admitted Amount Due & Accrued	Amount Rec. During Year	Acquired	Stated Contractual Maturity Date

U.S. Government - Issuer Obligations

912828	F2	1	US TREASURY N/B.....	SD..		1	2,339,425	99.063	2,298,250	2,320,000	2,328,268		(2,915)		2.125	1.990	MS.....	12,596	49,300	05/19/2017	09/30/2021
912828	XQ	8	US TREASURY N/B.....	SD..		1	568,004	98.359	555,730	565,000	566,601		(429)		2.000	1.918	JJ.....	4,729	11,300	08/27/2015	07/31/2022
912828	XQ	8	US TREASURY N/B.....			1	452,392	98.359	442,617	450,000	451,275		(342)		2.000	1.918	JJ.....	3,766	9,000	08/27/2015	07/31/2022
01999999	U.S. Government - Issuer Obligations.....						3,359,821	XXX	3,296,597	3,335,000	3,346,144	0	(3,686)	0	XXX	XXX	XXX	21,091	69,600	XXX	XXX
05999999	Total - U.S. Government.....						3,359,821	XXX	3,296,597	3,335,000	3,346,144	0	(3,686)	0	XXX	XXX	XXX	21,091	69,600	XXX	XXX

Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations

00206R	CE	0	AT&T INC.....				1	2FE	996,960	99.402	994,024	1,000,000	998,230		294			3.900	3.937	MS.....	11,917	39,000	03/05/2014.	03/11/2024.
00206R	DC	3	AT&T INC.....				1	2FE	1,048,580	101.594	1,015,942	1,000,000	1,032,750		(5,874)			4.450	3.724	AO.....	11,125	44,500	03/03/2016.	04/01/2024.
00287Y	AQ	2	ABBVIE INC.....				1	2FE	997,050	96.049	960,488	1,000,000	997,969		274			3.600	3.635	MN.....	4,700	36,000	05/11/2015.	05/14/2025.
00440E	AR	8	CHUBB INA HOLDINGS INC.....					1FE	998,500	99.095	990,952	1,000,000	999,098		146			3.350	3.368	MN.....	4,281	33,500	05/21/2014.	05/15/2024.
00817Y	AQ	1	AETNA INC.....				1	2FE	995,810	96.209	962,086	1,000,000	997,340		396			3.500	3.550	MN.....	4,472	35,000	11/03/2014.	11/15/2024.
009158	AV	8	AIR PRODUCTS & CHEMICALS INC.....				1	1FE	996,720	98.349	983,492	1,000,000	998,016		315			3.350	3.389	JJ.....	14,051	33,500	07/28/2014.	07/31/2024.
023135	BC	9	AMAZON.COM INC SERIES WI.....				1	1FE	998,301	96.567	965,670	1,000,000	998,396		95			3.150	3.171	FA.....	11,288	15,750	06/06/2018.	08/22/2027.
025816	BR	9	AMERICAN EXPRESS CO.....				2	1FE	999,370	96.025	960,253	1,000,000	999,441		83			3.000	3.010	AO.....	5,083	30,000	10/23/2017.	10/30/2024.
03073E	AL	9	AMERISOURCEBERGEN CORP.....				1	2FE	997,150	97.607	976,071	1,000,000	998,316		276			3.400	3.434	MN.....	4,344	34,000	05/19/2014.	05/15/2024.
031162	BY	5	AMGEN INC.....				1	2FE	971,950	95.818	958,181	1,000,000	981,064		2,627			3.125	3.460	MN.....	5,208	31,250	05/07/2015.	05/01/2025.
037833	AS	9	APPLE INC.....					1FE	999,160	100.590	1,005,904	1,000,000	999,484		81			3.450	3.460	MN.....	5,271	34,500	04/29/2014.	05/06/2024.
05351W	AA	1	AVANGRID INC.....				1	2FE	499,895	96.494	482,469	500,000	499,913		18			3.150	3.153	JD.....	1,313	16,188	01/03/2018.	12/01/2024.
06051G	FF	1	BANK OF AMERICA CORP.....					1FE	996,250	100.642	1,006,415	1,000,000	997,795		362			4.000	4.046	AO.....	10,000	40,000	03/27/2014.	04/01/2024.
06406H	CV	9	BANK OF NEW YORK MELLON.....				2	1FE	999,490	99.257	992,570	1,000,000	999,682		49			3.400	3.406	MN.....	4,344	34,000	05/02/2014.	05/15/2024.
075896	AA	8	BED BATH & BEYOND INC.....				1	3FE	998,240	81.750	817,500	1,000,000	998,930		165			3.749	3.770	FA.....	15,621	37,490	07/30/2014.	08/01/2024.
09062X	AF	0	BIAGEN INC.....				1	1FE	510,855	99.208	496,038	500,000	509,634		(1,221)			4.050	3.710	MS.....	5,963	20,250	02/27/2018.	09/15/2025.
09952A	AC	0	BORAL FINANCE PTY LTD SERIES 144A.....				1	2FE	995,360	93.059	930,594	1,000,000	995,750		369			3.750	3.804	MN.....	6,250	37,500	10/24/2017.	05/01/2028.
101137	AS	6	BOSTON SCIENTIFIC CORP.....				1	2FE	748,953	96.889	726,665	750,000	748,997		44			4.000	4.017	MS.....	10,000	15,417	02/22/2018.	03/01/2028.
120568	AY	6	BUNGE LTD FINANCE CORP.....				1	2FE	998,760															

SCHEDULE D - PART 1

Showing all Long-Term BONDS Owned December 31 of Current Year

1			2			Codes			6	7	Fair Value		10	11	Change in Book/Adjusted Carrying Value				Interest					Dates	
						3	4	5			8	9			12	13	14	15	16	17	18	19	20	21	22
CUSIP Identification			Description			Code	F o r e i g n	Bond CHAR	NAIC Design- nation and Admini- strative Symbol	Actual Cost	Rate Used to Obtain Fair Value	Fair Value	Par Value	Book/Adjusted Carrying Value	Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Foreign Exchange Change in B./A.C.V.	Rate of	Effective Rate of	When Paid	Admitted Amount Due & Accrued	Amount Rec. During Year	Acquired	Stated Contractual Maturity Date
98419M	AJ	9	XYLEM INC.....				..	1	2FE	978,620	94.123	941,229	1,000,000	980,545		1,925			3.250	3.536	MN.....	5,417	32,500	02/01/2018.	11/01/2026.
98956P	AF	9	ZIMMER BIOMET HOLDINGS, INC.....				..	1	2FE	988,360	94.165	941,649	1,000,000	992,152		1,092			3.550	3.691	AO.....	8,875	35,500	05/06/2015.	04/01/2025.
98978V	AL	7	ZOETIS INC.....				..	1	2FE	994,440	92.257	922,568	1,000,000	995,045		488			3.000	3.065	MS.....	9,083	30,000	09/05/2017.	09/12/2027.
136385	AT	8	CANADIAN NATL RESOURCES.....				..	1	2FE	999,570	97.711	977,107	1,000,000	999,719		40			3.800	3.805	AO.....	8,022	38,000	03/26/2014.	04/15/2024.
29250N	AH	8	ENBRIDGE INC.....				..	1	2FE	996,560	96.827	968,267	1,000,000	997,970		330			3.500	3.541	JD.....	2,042	35,000	05/28/2014.	06/10/2024.
87971M	BD	4	TELUS CORPORATION.....				..	1	2FE	942,940	92.234	922,336	1,000,000	948,187		5,247			2.800	3.539	FA.....	10,500	28,000	01/10/2018.	02/16/2027.
884903	BT	1	THOMSON REUTERS CORP.....				..	1	2FE	305,361	97.840	300,368	307,000	305,961		152			3.850	3.914	AO.....	2,495	11,820	09/22/2014.	09/29/2024.
46132F	AA	8	INVESCO FINANCE PLC.....				C		1FE	969,290	97.931	979,311	1,000,000	985,117		3,482			3.125	3.535	MN.....	2,691	31,250	02/19/2014.	11/30/2022.
3299999.	Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations.....									111,991,624	XXX	109,083,314	112,659,000	112,137,370	0	58,517	0	0	XXX	XXX	XXX	998,051	3,804,643	XXX	XXX
3899999.	Total - Industrial & Miscellaneous (Unaffiliated).....									111,991,624	XXX	109,083,314	112,659,000	112,137,370	0	58,517	0	0	XXX	XXX	XXX	998,051	3,804,643	XXX	XXX
Totals																									
7799999.	Total - Issuer Obligations.....									115,351,445	XXX	112,379,911	115,994,000	115,483,514	0	54,831	0	0	XXX	XXX	XXX	1,019,142	3,874,243	XXX	XXX
8399999.	Grand Total - Bonds.....									115,351,445	XXX	112,379,911	115,994,000	115,483,514	0	54,831	0	0	XXX	XXX	XXX	1,019,142	3,874,243	XXX	XXX

Sch. D - Pt. 2 - Sn. 1
NONE

Sch. D - Pt. 2 - Sn. 2
NONE

SCHEDULE D - PART 3

Showing all Long-Term Bonds and Stocks ACQUIRED During Current Year

1			2	3	4	5	6	7	8	9
CUSIP Identification			Description	Foreign	Date Acquired	Name of Vendor	Number of Shares of Stock	Actual Cost	Par Value	Paid for Accrued Interest and Dividends
Bonds - Industrial and Miscellaneous										
023135	BC	9	AMAZON.COM INC SERIES WI.....		06/06/2018.....	Tax Free Exchange.....		998,301	1,000,000	9,100
05351W	AA	1	AVANGRID INC 3.150% 12/01/24.....		01/03/2018.....	J.P. MORGAN SECURITIES INC.....		499,895	500,000	1,925
09062X	AF	0	BIOGEN INC 4.050% 09/15/25.....		02/27/2018.....	JEFFERIES & COMPANY.....		510,855	500,000	9,169
101137	AS	6	BOSTON SCIENTIFIC CORP.....		02/22/2018.....	Various.....		748,953	750,000	
125896	BR	0	CMS ENERGY CORP 2.950% 02/15/27.....		01/17/2018.....	DEUTSCHE BANK CAPITAL.....		982,862	1,020,000	12,872
142339	AH	3	CARLISLE COS INC 3.750% 12/01/27.....		01/10/2018.....	JEFFERIES & COMPANY.....		1,006,090	1,000,000	5,833
166754	AS	0	CHEVRON PHILLIPS CHEM CO SERIES 144A.....		02/27/2018.....	J.P. MORGAN SECURITIES INC.....		497,955	500,000	
17252M	AN	0	CINTAS CORPORATION NO 2.....		02/15/2018.....	PRESSPRICH R.W.....		1,000,000	1,000,000	14,286
20030N	CH	2	COMCAST CORP 3.550% 05/01/28.....		02/01/2018.....	BARCLAYS BANK PLC.....		996,470	1,000,000	
25470D	BD	0	DISCOVERY COMMUNICATIONS SERIES 144A.....		03/16/2018.....	Taxable Exchange.....		986,927	1,000,000	9,985
29717P	AQ	0	ESSEX PORTFOLIO LP 3.375% 04/15/26.....		03/09/2018.....	SunTrust.....		1,154,364	1,200,000	16,650
30040W	AE	8	EVERSOURCE ENERGY 3.300% 01/15/28.....		01/03/2018.....	WELLS FARGO BANK N A.....		999,320	1,000,000	
316773	CV	0	FIFTH THIRD BANCORP 3.950% 03/14/28.....		03/12/2018.....	Morgan Stanley.....		798,560	800,000	
361448	BA	0	GATX CORP 3.500% 03/15/28.....		02/15/2018.....	CITIGROUP GLOBAL MARKETS.....		951,770	1,000,000	10,500
443510	AJ	1	HUBBELL INC 3.500% 02/15/28.....		02/12/2018.....	J.P. MORGAN SECURITIES INC.....		985,190	1,000,000	1,167
524660	AY	3	LEGGETT & PLATT INC 3.500% 11/15/27.....		01/09/2018.....	BARCLAYS BANK PLC.....		987,490	1,000,000	5,347
573284	AT	3	MARTIN MARIETTA MATERIAL.....		01/09/2018.....	WELLS FARGO BANK N A.....		987,100	1,000,000	2,042
57629W	CG	3	MASSMUTUAL GLOBAL FUNDIN SERIES 144A.....		01/08/2018.....	J.P. MORGAN SECURITIES INC.....		498,995	500,000	
610202	BR	3	MONONGAHELA POWER CO SERIES 144A.....		03/13/2018.....	DEUTSCHE BANK CAPITAL.....		985,790	1,000,000	11,833
637432	NP	6	NATIONAL RURAL UTIL COOP.....		01/31/2018.....	J.P. MORGAN SECURITIES INC.....		997,060	1,000,000	
64952W	CX	9	NEW YORK LIFE GLOBAL FDG SERIES 144A.....		01/03/2018.....	Credit Suisse Securities.....		992,050	1,000,000	
666807	BM	3	NORTHROP GRUMMAN CORP 2.930% 01/15/25.....		03/09/2018.....	CITIGROUP GLOBAL MARKETS.....		1,035,788	1,082,000	13,209
693506	BP	1	PPG INDUSTRIES INC 3.750% 03/15/28.....		02/22/2018.....	J.P. MORGAN SECURITIES INC.....		249,643	250,000	
74949L	AB	8	RELX CAPITAL INC 3.500% 03/16/23.....		03/09/2018.....	BANK OF AMERICA.....		497,890	500,000	
75884R	AX	1	REGENCY CENTERS LP 4.125% 03/15/28.....		02/28/2018.....	J.P. MORGAN SECURITIES INC.....		999,425	1,000,000	
832696	AR	9	JM SMUCKER CO 3.375% 12/15/27.....		02/28/2018.....	DEUTSCHE BANK CAPITAL.....		480,170	500,000	3,984
845011	AA	3	SOUTHWEST GAS CORP 3.700% 04/01/28.....		03/12/2018.....	MITSUBISHI UFJ SECURITIE.....		499,075	500,000	
863667	AQ	4	STRYKER CORP 3.650% 03/07/28.....		02/26/2018.....	WELLS FARGO BANK N A.....		499,790	500,000	
98419M	AJ	9	XYLEM INC 3.250% 11/01/26.....		02/01/2018.....	J.P. MORGAN SECURITIES INC.....		978,620	1,000,000	8,486
87971M	BD	4	TELUS CORPORATION 2.800% 02/16/27.....		01/10/2018.....	WELLS FARGO BANK N A.....		942,940	1,000,000	11,356
38999999. Total - Bonds - Industrial and Miscellaneous.....								24,749,338	25,102,000	147,744
83999997. Total - Bonds - Part 3.....								24,749,338	25,102,000	147,744
83999999. Total - Bonds.....								24,749,338	25,102,000	147,744
99999999. Total - Bonds, Preferred and Common Stocks.....								24,749,338	XXX	147,744

SCHEDULE D - PART 4

Showing all Long-Term Bonds and Stocks SOLD, REDEEMED or Otherwise DISPOSED OF During Current Year

1	2		3	4	5	6	7	8	9	10	Change in Book/Adjusted Carrying Value					16	17	18	19	20	21
			F o r e i g n	Disposal Date	Name of Purchaser	Number of Shares of Stock	Consideration	Par Value	Actual Cost	Prior Year Book/Adjusted Carrying Value	11	12	13	14	15	Book/Adjusted Carrying Value at Disposal Date	Foreign Exchange Gain (Loss) on Disposal	Realized Gain (Loss) on Disposal	Total Gain (Loss) on Disposal	Bond Interest / Stock Dividends Received During Year	Stated Contractual Maturity Date
CUSIP Identification	Description										Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Change in B./A.C.V. (11+12-13)	Total Foreign Exchange Change in B./A.C.V.						
Bonds - Industrial and Miscellaneous																					
023135	BA	3		06/06/2018.	Tax Free Exchange.....		998,301	1,000,000	998,210	998,240		62		62		998,301			0	24,850	08/22/2027.
05531F	BB	8		11/14/2018.	SunTrust.....		946,490	1,000,000	999,180	999,176		108		108		999,283		(52,793)	(52,793)	30,083	10/26/2024.
65473Q	BE	2		12/06/2018.	DEUTSCHE BANK CAPITAL.....		947,280	1,000,000	1,012,470	1,012,352		(1,108)		(1,108)		1,011,244		(63,964)	(63,964)	37,324	05/15/2027.
811065	AG	6		03/16/2018.	Taxable Exchange.....		986,927	1,000,000	998,100	998,515		3		3		998,518		(11,591)	(11,591)	10,985	06/15/2025.
884903	BT	1		10/02/2018.	Corp Action.....		690,214	693,000	689,299	690,311		285		285		690,596		(382)	(382)	25,939	09/29/2024.
3899999. Total - Bonds - Industrial and Miscellaneous.....							4,569,212	4,693,000	4,697,259	4,698,594	0	(650)	0	(650)	0	4,697,942	0	(128,730)	(128,730)	129,181	XXX
8399997. Total - Bonds - Part 4.....							4,569,212	4,693,000	4,697,259	4,698,594	0	(650)	0	(650)	0	4,697,942	0	(128,730)	(128,730)	129,181	XXX
8399999. Total - Bonds.....							4,569,212	4,693,000	4,697,259	4,698,594	0	(650)	0	(650)	0	4,697,942	0	(128,730)	(128,730)	129,181	XXX
9999999. Total - Bonds, Preferred and Common Stocks.....							4,569,212	XXX	4,697,259	4,698,594	0	(650)	0	(650)	0	4,697,942	0	(128,730)	(128,730)	129,181	XXX

Sch. D - Pt. 5
NONE

Sch. D - Pt. 6 - Sn. 1
NONE

Sch. D - Pt. 6 - Sn. 2
NONE

SCHEDULE DA - PART 1

Showing all SHORT-TERM INVESTMENTS Owned December 31 of Current Year

1		Codes		4	5	6	7	Change in Book/Adjusted Carrying Value				12	13	Interest						20
		2	3					8	9	10	11			14	15	16	17	18	19	
Description		Code	F o r e i g n	Date Acquired	Name of Vendor	Maturity Date	Book/Adjusted Carrying Value	Unrealized Valuation Increase (Decrease)	Current Year's (Amortization) / Accretion	Current Year's Other-Than- Temporary Impairment Recognized	Total Foreign Exchange Change in B./A.C.V.	Par Value	Actual Cost	Amount Due and Accrued December 31 of Current Year on Bond Not in Default	Nonadmitted Due and Accrued	Rate of	Effective Rate of	When Paid	Amount Received During Year	Paid for Accrued Interest
Bonds - Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations																				
CORPORATE PASTI 95.....			..	12/28/2018.	Various.....	01/02/2019.	18,899,395					18,899,395	18,899,395			1.78	1.78	Daily...	232,682	
3299999. Industrial & Miscellaneous (Unaffiliated) - Issuer Obligations.....							18,899,395	0	0	0	0	18,899,395	18,899,395	0	0	XXX	XXX	XXX	232,682	0
3899999. Total - Industrial & Miscellaneous (Unaffiliated).....							18,899,395	0	0	0	0	18,899,395	18,899,395	0	0	XXX	XXX	XXX	232,682	0
Total Bonds																				
7799999. Subtotals - Issuer Obligations.....							18,899,395	0	0	0	0	18,899,395	18,899,395	0	0	XXX	XXX	XXX	232,682	0
8399999. Subtotals - Bonds.....							18,899,395	0	0	0	0	18,899,395	18,899,395	0	0	XXX	XXX	XXX	232,682	0
9199999. Total - Short-Term Investments.....							18,899,395	0	0	0	0	XXX.....	18,899,395	0	0	XXX	XXX	XXX	232,682	0

Sch. DB - Pt. A - Sn. 1
NONE

Sch. DB - Pt. A - Sn. 2
NONE

Sch. DB - Pt. B - Sn. 1
NONE

Sch. DB - Pt. B - Sn. 2
NONE

Sch. DB - Pt. D - Sn. 1
NONE

Sch. DB - Pt. D - Sn. 2
NONE

Sch. DL - Pt. 1
NONE

Sch. DL - Pt. 2
NONE

Annual Statement for the year 2018 of the **American Retirement Life Insurance Company**
SCHEDULE E - PART 1 - CASH

1	2	3	4	5	6	7
Depository	Code	Rate of Interest	Amount of Interest Received During Year	Amount of Interest Accrued December 31 of Current Year	Balance	*
Open Depositories						
Bank of America.....	Richmond, VA.....				(15,232,905)	XXX
JPMorgan Chase	Austin, TX.....				(23,662)	XXX
JPMorgan Chase.....	Brooklyn, NY.....				1,376	XXX
0199999. Total - Open Depositories.....	XXX	XXX	0	0	(15,255,191)	XXX
0399999. Total Cash on Deposit.....	XXX	XXX	0	0	(15,255,191)	XXX
0599999. Total Cash.....	XXX	XXX	0	0	(15,255,191)	XXX

TOTALS OF DEPOSITORY BALANCES ON THE LAST DAY OF EACH MONTH DURING THE CURRENT YEAR							
1. January.....	(8,065,305)	4. April.....	(14,155,818)	7. July.....	(6,645,840)	10. October.....	(9,846,902)
2. February.....	(7,084,429)	5. May.....	(8,885,556)	8. August.....	(20,177,464)	11. November.....	(16,177,656)
3. March.....	(1,737,055)	6. June.....	(16,541,375)	9. September.....	(14,052,578)	12. December.....	(15,255,192)

Annual Statement for the year 2018 of the **American Retirement Life Insurance Company**

SCHEDULE E - PART 2 - CASH EQUIVALENTS
Show Investments Owned December 31 of Current Year

1	2	3	4	5	6	7	8	9
CUSIP	Description	Code	Date Acquired	Rate of Interest	Maturity Date	Book/Adjusted Carrying Value	Amount of Interest Due & Accrued	Amount Received During Year

NONE

Annual Statement for the year 2018 of the

American Retirement Life Insurance Company

SCHEDULE E - PART 3 - SPECIAL DEPOSITS

		1	2	Deposits for the Benefit of All Policyholders		All Other Special Deposits	
		Type of Deposit	Purpose of Deposit	3 Book/Adjusting Carrying Value	4 Fair Value	5 Book/Adjusting Carrying Value	6 Fair Value
States, Etc.							
1.	Alabama.....AL						
2.	Alaska.....AK						
3.	Arizona.....AZ						
4.	Arkansas.....AR	B...	Stat deposit			110,312	108,195
5.	California.....CA						
6.	Colorado.....CO						
7.	Connecticut.....CT						
8.	Delaware.....DE						
9.	District of Columbia.....DC						
10.	Florida.....FL	B...	Stat deposit			110,312	108,195
11.	Georgia.....GA	B...	Stat deposit			35,099	34,426
12.	Hawaii.....HI						
13.	Idaho.....ID						
14.	Illinois.....IL						
15.	Indiana.....IN						
16.	Iowa.....IA						
17.	Kansas.....KS						
18.	Kentucky.....KY						
19.	Louisiana.....LA						
20.	Maine.....ME						
21.	Maryland.....MD						
22.	Massachusetts.....MA						
23.	Michigan.....MI						
24.	Minnesota.....MN						
25.	Mississippi.....MS						
26.	Missouri.....MO						
27.	Montana.....MT						
28.	Nebraska.....NE						
29.	Nevada.....NV	B...	Stat deposit			250,855	247,305
30.	New Hampshire.....NH						
31.	New Jersey.....NJ						
32.	New Mexico.....NM	B...	Stat deposit			210,748	208,031
33.	New York.....NY						
34.	North Carolina.....NC	B...	Stat deposit			411,461	406,156
35.	North Dakota.....ND						
36.	Ohio.....OH	B...	Stat deposit	1,505,346	1,485,938		
37.	Oklahoma.....OK						
38.	Oregon.....OR						
39.	Pennsylvania.....PA						
40.	Rhode Island.....RI						
41.	South Carolina.....SC	B...	Stat deposit			154,888	151,146
42.	South Dakota.....SD						
43.	Tennessee.....TN						
44.	Texas.....TX						
45.	Utah.....UT						
46.	Vermont.....VT						
47.	Virginia.....VA	B...	Stat deposit			260,737	255,734
48.	Washington.....WA						
49.	West Virginia.....WV						
50.	Wisconsin.....WI						
51.	Wyoming.....WY						
52.	American Samoa.....AS						
53.	Guam.....GU						
54.	Puerto Rico.....PR						
55.	US Virgin Islands.....VI						
56.	Northern Mariana Islands.....MP						
57.	Canada.....CAN						
58.	Aggregate Alien and Other.....OT	XXX	XXX	0	0	0	0
59.	Total.....	XXX	XXX	1,505,346	1,485,938	1,544,412	1,519,188
DETAILS OF WRITE-INS							
5801.							
5802.							
5803.							
5898.	Summary of remaining write-ins for line 58 from overflow page.....	XXX	XXX	0	0	0	0
5899.	Total (Lines 5801 thru 5803+5898) (Line 58 above).....	XXX	XXX	0	0	0	0

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