

There was a change in our expense allocation distribution resulting in a modified exhibit 2.



LIFE AND ACCIDENT AND HEALTH COMPANIES - ASSOCIATION EDITION

ANNUAL STATEMENT
FOR THE YEAR ENDED DECEMBER 31, 2013
OF THE CONDITION AND AFFAIRS OF THE

Nationwide Life and Annuity Insurance Company

NAIC Group Code01400140NAIC Company Code92657Employer's ID Number31-1000740
(Current)(Prior)

Organized under the Laws ofOhio, State of Domicile or Port of EntryOhio

Country of DomicileUnited States of America

Incorporated/Organized02/09/1981Commenced Business05/06/1981

Statutory Home OfficeOne West Nationwide Blvd. , Columbus , OH, US 43215-2220
(Street and Number)(City or Town, State, Country and Zip Code)

Main Administrative OfficeOne West Nationwide Blvd. , Columbus , OH, US 43215-2220
(Street and Number)(City or Town, State, Country and Zip Code)800-882-2822
(Area Code) (Telephone Number)

Mail AddressOne West Nationwide Blvd., 1-04-701 , Columbus , OH, US 43215-2220
(Street and Number or P.O. Box)(City or Town, State, Country and Zip Code)

Primary Location of Books and RecordsOne West Nationwide Blvd., 1-04-701 , Columbus , OH, US 43215-2220
(Street and Number)(City or Town, State, Country and Zip Code)800-882-2822
(Area Code) (Telephone Number)

Internet Website Addresswww.nationwide.com

Statutory Statement ContactRonald S. Porter , 614-249-1545
(Name)(Area Code) (Telephone Number)
statacct@nationwide.com , 877-669-5908
(E-mail Address)(FAX Number)

OFFICERS

President & COOKirt Alan WalkerSr VP & TreasurerDavid Patrick LaPaul

VP - Corp Governance & SecretaryRobert William Horner IIIVP - NF Chief ActuarySteven Andrew Ginnan

OTHER

Anne Louise ArviaSr VP - NW Retirement Plans	Wesley Kim AustenSr VP - P&C Comm/Farm Prod	David Alan BanoSr VP - Chief Claims Officer
James David BensonSr VP - CAO & Corp Controller	David William BersonSr VP - Chief Economist	Pamela Ann BieseckerSr VP - Head of Taxation
William Joseph BurkeSr VP - Corp Marketing	John Laughlin CarterSr VP - NW Retirement Plans	Thomas Edward Clark # Sr VP - Field Operations IC
Tammy CraigSr VP - IT Strategic Initiatives	Rae Ann Dankovic # Sr VP - NFS Legal	Steven Michael EnglishSr VP
Terri Lisa ForgySr VP - Talent, Div & Org Effect	Timothy Gerard FrommeyerSr VP - CFO	Mark Anthony GaetanoSr VP - BTO
David Luther Giertz # Sr VP - NF Distrib Sales	Peter Anthony GolatoSr VP - NW Financial Network	Judith Lynn GreensteinSr VP - Pres Nationwide Bank
Daniel Gerard GretemanSr VP - CIO Allied Group	Susan Jean GueliSr VP - CIO NF Systems	Melissa Doss GutierrezSr VP - PCIO Sales Support
Harry Hansen HallowellSr VP	Jennifer Marie HanleySr VP, NI Brand Marketing	Patricia Ruth HatlerExec VP & Chief Legal & Gov Off
Eric Shawn HendersonSr VP - Ind Products & Sol	Peter Joseph Hersha # Sr VP - Trial Division	Terri Lynn HillExec VP
Matthew Eric JauchiusExec VP - Chief Market	Michael Craig KellerExec VP - Chief Info Officer	Gale Verdell KingExec VP - Chief Human Res Officer
Michael Patrick LeachSr VP - CFO - P&C	Katherine Marie LiebelSr VP - Corp Strategy	Michael William MahaffeySr VP, Chief Risk Officer
Kai Vincent MonahanSr VP - Internal Audit	Gregory Stephen MoranSr VP - CIO IT Infrastructure	Sandra Lee NeelySr VP - Deputy Gen Counsel
Mark Angelo PizziExec VP	Steven Charles PowerSr VP - NF	Stephen Scott RasmussenChief Executive Officer
Sandra Lynn RichSr VP - Chief Compliance Officer	Michael Anthony RichardsonSr VP - CIO Enter Apps	Amy Taylor ShoreSr VP - Field Operations EC
David Gerard Sommers # Sr VP-Cust Insight & Analyts	Michael Scott SpanglerSr VP - Invest Manag Group	Mark Raymond ThresherExec VP
Guruprasad Chitrapura VasudevaSr VP - Ent CTO	Andrew Dawnly WalkerSr VP - IT Finance SMS/PMO	

DIRECTORS OR TRUSTEES

John Laughlin Carter #	Timothy Gerard Frommeyer	Eric Shawn Henderson
Stephen Scott Rasmussen	Mark Raymond Thresher	Kirt Alan Walker

State ofOhio

County ofFranklinSS:

The officers of this reporting entity being duly sworn, each depose and say that they are the described officers of said reporting entity, and that on the reporting period stated above, all of the herein described assets were the absolute property of the said reporting entity, free and clear from any liens or claims thereon, except as herein stated, and that this statement, together with related exhibits, schedules and explanations therein contained, annexed or referred to, is a full and true statement of all the assets and liabilities and of the condition and affairs of the said reporting entity as of the reporting period stated above, and of its income and deductions therefrom for the period ended, and have been completed in accordance with the NAIC Annual Statement Instructions and Accounting Practices and Procedures manual except to the extent that: (1) state law may differ; or, (2) that state rules or regulations require differences in reporting not related to accounting practices and procedures, according to the best of their information, knowledge and belief, respectively. Furthermore, the scope of this attestation by the described officers also includes the related corresponding electronic filing with the NAIC, when required, that is an exact copy (except for formatting differences due to electronic filing) of the enclosed statement. The electronic filing may be requested by various regulators in lieu of or in addition to the enclosed statement.

Kirt Alan WalkerPresident & COORobert William Horner, IIIVP - Corp Governance & SecretaryDavid Patrick LaPaulSr VP & Treasurer

Subscribed and sworn to before me thisday of

a. Is this an original filing? Yes [] No [X]

b. If no,
1. State the amendment number.....1
2. Date filed04/07/2014
3. Number of pages attached..... 1

ANNUAL STATEMENT FOR THE YEAR 2013 OF THE NATIONWIDE LIFE AND ANNUITY INSURANCE COMPANY

EXHIBIT 2 - GENERAL EXPENSES

	Insurance				5	6
	1	Accident and Health		4 All Other Lines of Business		
		2	3			
	Life	Cost Containment	All Other		Investment	Total
1. Rent	1,550,693				2,636	1,553,329
2. Salaries and wages	64,272,698				553,559	64,826,257
3.11 Contributions for benefit plans for employees	7,231,312				134,251	7,365,563
3.12 Contributions for benefit plans for agents						
3.21 Payments to employees under non-funded benefit plans						
3.22 Payments to agents under non-funded benefit plans						
3.31 Other employee welfare	364,934				5,454	370,388
3.32 Other agent welfare						
4.1 Legal fees and expenses	1,363,693					1,363,693
4.2 Medical examination fees	2,959,155					2,959,155
4.3 Inspection report fees	4,295,304					4,295,304
4.4 Fees of public accountants and consulting actuaries	5,764,538				3,233	5,767,771
4.5 Expense of investigation and settlement of policy claims						
5.1 Traveling expenses	6,141,552				11,734	6,153,286
5.2 Advertising	11,126,614				8	11,126,622
5.3 Postage, express, telegraph and telephone	1,933,393				21,050	1,954,443
5.4 Printing and stationery	4,475,522				452	4,475,974
5.5 Cost or depreciation of furniture and equipment	214,709				2,275	216,984
5.6 Rental of equipment						
5.7 Cost or depreciation of EDP equipment and software	2,829,910				4,528	2,834,438
6.1 Books and periodicals	513,884				5,851	519,735
6.2 Bureau and association fees	469,991				7,767	477,758
6.3 Insurance, except on real estate38					.38
6.4 Miscellaneous losses	(25,059)					(25,059)
6.5 Collection and bank service charges	54,138					54,138
6.6 Sundry general expenses	19,529,035				6,875,976	26,405,011
6.7 Group service and administration fees	(1,626,034)				(24,288)	(1,650,322)
6.8 Reimbursements by uninsured plans						
7.1 Agency expense allowance	404,339					404,339
7.2 Agents' balances charged off (less \$ recovered)						
7.3 Agency conferences other than local meetings	2,108					2,108
9.1 Real estate expenses	360					360
9.2 Investment expenses not included elsewhere	46,084				273,607	319,691
9.3 Aggregate write-ins for expenses						
10. General expenses incurred	133,892,911				7,878,093	(a)141,771,004
11. General expenses unpaid December 31, prior year						
12. General expenses unpaid December 31, current year	1,914,835					1,914,835
13. Amounts receivable relating to uninsured plans, prior year						
14. Amounts receivable relating to uninsured plans, current year						
15. General expenses paid during year (Lines 10+11-12-13+14)	131,978,076				7,878,093	139,856,169
DETAILS OF WRITE-INS						
09.301.						
09.302.						
09.303.						
09.398. Summary of remaining write-ins for Line 9.3 from overflow page						
09.399. Totals (Lines 09.301 thru 09.303 plus 09.398) (Line 9.3 above)						

(a) Includes management fees of \$ to affiliates and \$ to non-affiliates.

EXHIBIT 3 - TAXES, LICENSES AND FEES (EXCLUDING FEDERAL INCOME TAXES)

	Insurance			4	5
	1 Life	2 Accident and Health	3 All Other Lines of Business		
1. Real estate taxes				Investment	Total
2. State insurance department licenses and fees	791,619				791,619
3. State taxes on premiums	13,136,199	41			13,136,240
4. Other state taxes, including \$ for employee benefits	678,422				678,422
5. U.S. Social Security taxes	2,790,203				2,790,203
6. All other taxes	927,881				927,881
7. Taxes, licenses and fees incurred	18,324,324	41			18,324,365
8. Taxes, licenses and fees unpaid December 31, prior year	1,040,154				1,040,154
9. Taxes, licenses and fees unpaid December 31, current year	1,766,627				1,766,627
10. Taxes, licenses and fees paid during year (Lines 7 + 8 - 9)	17,597,851	41			17,597,892

EXHIBIT 4 - DIVIDENDS OR REFUNDS

	1	2
	Life	Accident and Health
1. Applied to pay renewal premiums	169,860	
2. Applied to shorten the endowment or premium-paying period		
3. Applied to provide paid-up additions	629,903	
4. Applied to provide paid-up annuities		
5. Total Lines 1 through 4	799,763	
6. Paid in cash	75,665	
7. Left on deposit	23,527	
8. Aggregate write-ins for dividend or refund options		
9. Total Lines 5 through 8	898,955	
10. Amount due and unpaid		
11. Provision for dividends or refunds payable in the following calendar year	1,027,285	
12. Terminal dividends		
13. Provision for deferred dividend contracts		
14. Amount provisionally held for deferred dividend contracts not included in Line 13		
15. Total Lines 10 through 14	1,027,285	
16. Total from prior year	1,037,535	
17. Total dividends or refunds (Lines 9 + 15 - 16)	888,705	
DETAILS OF WRITE-INS		
0801.		
0802.		
0803.		
0898. Summary of remaining write-ins for Line 8 from overflow page		
0899. Totals (Lines 0801 thru 0803 plus 0898) (Line 8 above)		